

# Cosmic Sai Baba Transmissions 2013

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## [Foreword](#)

### ***Cosmic Sai Baba Transcripts for 2013***

At the inspiration of the Cosmic Sai Baba, we make all the transmissions for 2013 available for download, your reading and printing. The Cosmic Sai Baba has asked that readers be mindful that the transmissions are given through a channel (the medium Valerie Barrow), and placed on the Internet for your spiritual progress. Thus, we offer this collection of the 2013 transmissions by Cosmic Sai Baba as an E-book for spiritual benefits; to print and to share around.

### ***With Love from Cosmic Sai Baba***

#### ***The Cosmic Sai Baba - [Transcript 01.01.2013](#)***

*It is the 1st of January, 2013, and we're calling upon Cosmic Sai Baba to make his presence ... amongst us.*

“I am here, my dear, and I am very pleased to be here. In fact, I have been here for some time.

It is an important day, today. It is the beginning of the year ... as you understand it ... two thousand and thirteen. And the number thirteen is a very interesting number. If I can relate it to the story of the apostles – there were twelve apostles – and the thirteenth one was Jesus. He had the knowledge. He was a God-being. And he was able to teach.

And this is what I would like you – and many others like you – to do. For there is ... quite a lot of misunderstanding about ... what is happening on this Earth. And you know that the Earth didn't end on the 21st of December (the Solstice) but rather, it moved into a new energy, a new doorway ... and this is coming in much brighter and lighter from the New World.

People will be influenced by it, sometimes consciously, sometimes not consciously ... in other words they will be not aware exactly of what is happening, but they will find that there will be changes within them and it may be gradual ... or it may be quite sudden. Some people will be confused about it ... and so that is what I am asking of people like yourselves ... if you will spend some time in helping these people to understand.

It is merely a new energy coming onto this Earth, which I would like to say has been coming on for quite some time now ... but the influx of this Divine Energy and Light and Universal Love is coming on in a much brighter and, er, Higher Vibration.

Because the peoples upon this Earth and every living thing upon this Earth is capable of receiving it.

And so, they will find that they will think differently ... they will be more open to change ... they will want Peace on Earth ... they will want to find other ways to sort out problems within the different races. It will be a time when people will begin to respect the differences. And find solutions to the differences, if it upsets them. Otherwise they will just allow each other to live as they want to live and, er, as long it is not harming anybody, or anything, then this is alright.

"Live and let live" as the saying goes.

I do not want to appear to be – or sound like – I am lecturing for this is the last thing I want to do. I really want to help people to realise that there has been a New Door opening ... it was a 'Turning Point' within the Cosmos and the energy is aligning now with your Planet Earth.

The Earth herself will feel the difference ... and will change. It will be gradual and sometimes ... sometimes ... quite suddenly. But there is nothing to fear...

For, the Planet Earth is still available for living beings to be able to live ... .. and co-exist with the different races in peaceful ways ... and this will be the point of thinking that people will have amongst each other. They will know there is a need to adjust and to find ways to live ... economically ... energetically ... and in a way with the Earth that does not damage her.

So I would like to feel that you understand this ... as like a Bell going out and ringing ... it is time ... time to bring in ... or to ring in the changes ... and (you) will do your best to assist those that are a little troubled or confused.

And ... I know you will do this ... I know you will do this ... you have come on a Mission to do just this.

Now I know that there have been people who have written to me and I would like to send my blessings ... I take their letters and I honour them and respect them ... and I would like them to know that they are loved and cared for ... and although what they ask for at times may not be given ... it is only because it is not really right for them ... but what is given to them is for a reason and a purpose.

I send my Love to All ... .. and I thank you, I thank you my beloved children for allowing me to come and give this message ... that there is really no difference between anyone or anything ... you are all part of the Universe, you are all part of the Sun ... and the Light ... .. and Creation from the Source of All. So think about this before you reign anger in you ... or allow it to rise in you ... calm it and drink some water and have another think ... and find a way to express what it is that is really upsetting you.

I, God, Bless you."

### ***The Cosmic Sai Baba - [Transcript 05.02.2013](#)***

*We call upon Cosmic Sai Baba to make his presence amongst us.*

"I am here, and I am very pleased to be here. Valerie has been talking for quite some time this morning. And I have been here also listening with great interest.

And if I may say so, I have been prompting some of the people to say a word or two. For this is what we do ... we do not come and take over ... what is happening on this Earth ... but we are trying to assist the little Earthling to bring this world into harmony and peace.

And so we have ways of making suggestions ... you could call them thought forms, elementals, that just wave past your brain and you think of a sentence or a few words ... and you think it is your own. But it is not exactly. We are not actually taking control; because it is up to you to decide whether you want to "repeat" a word or the thoughts ... and put them out "there" to see how they receive ... reactions from others. This way we can help and teach quite a lot of people. But as I have said, we are not controlling anybody because you have the choice of ... accepting a "thought" and repeating it, or not.

Those of you who have become aware of how we operate ... are willing to accept the words because you know where they come from and the love ... and the light from the Source of All. This is where it is coming from. And it is words ... or thoughts ... that help people to evolve or to gain understanding.

Or perhaps change a mood ... because it is a mood that sometimes moves into an action ... and if it is an angry mood it can very quickly lead into a complicated situation that even eventuates into war. This is what we have been trying to assist the little Earthling for a long time. To help them to think more clearly and more positively – not to react – but rather, to think before they act and consider what they are thinking so that they make choices for the Good of All, not just for the Good of the Few.

I have not come to preach; but I have come to give you some understanding of the efforts that are around you – from those that love you – that try to help you in living on this world, this Earth planet. For there are many that come into Earth bodies as souls ... and hold a blue print for a life that has been planned - more or less - to take place in the time that they are with the Earth body.

Sometimes the blue-print is changed a little, just for adjustment ... because it often works with interaction with others and there is a change needed to accept the changes that others have made. It is important really, that everybody knows that they have made out a blue-print of a life, like a play. And interactions with certain people that will help heal.

Now that the Earth has gone through its transition into the New Age, the Earth people need to work at – just releasing – everything that has gone in the past and move forward. And move forward, as I have said, with thoughts that will bring change and growth to everyone and everything upon this Earth. Because thought forms have energy... and even the energy of a thought will reflect and even affect a plant or a tree. And so even that can change for better. And the same goes for the climate.

The climate that is in your Earth atmosphere ... can be changed by your thoughts and your ceremony and song, which helps to change the energy so that the Earth's energy or the Earth's climate is not so severe. You can actually make it so that it is more gentle. And with rain it can nourish the Earth; and with the Sun it cannot necessarily be too hot ... all this can be changed ... by the measure of your thoughts upon this Earth. The consciousness of the thought ... which exists here on your Earth planet.

So I have given you some things to think about, I hope ... and so with that I would like to also... take this basket of these letters that have been sent to me ... and I would like to thank all those who have written ... as I have said before I receive their messages as soon as they sit down to write. But it is lovely to receive those messages. And I send my love and my blessings to them.

And, whatever they have requested is answered and responded to ... in the best way that the Source of Creation feels best for them. So that they can heal and come to understand many things. Everything that happens to a person upon this Earth is an important transition in their growth. Nothing happens by accident ... everything has a purpose behind it. So think about that ... and with that, I would like to take my leave ... I thank you for all these people that are in this room and I thank you for your love as I send my love to you all. God Bless you my children ...

I, God, Bless you."

## ***The Cosmic Sai Baba - [Transcript 05.03.2013](#)***

*We are calling upon Cosmic Sai Baba ... to be with us today ... and ...*

“It is I, Cosmic Sai Baba, and I am very pleased to be here this day – and to know that I am welcomed. There is much that we could talk about indeed, I ... ah ... have had many thoughts and ah ... and the way we should go today I was wondering *if anyone would like to ask a question?*”

A question! Anything at all – not a personal one, though. Something of a Cosmic nature ... Is there anyone with a question?

*(There was total silence for a minute or so)*

"There is not ... this often happens because I am coming from a dimension where the energy of the Divine Light vibrates at a faster vibration from what you are sitting in at this moment and ah, ... it can be over-powering. But as I say that ... I would like to say it in a nice way ... it is not over-powering in that I want to take over but rather I would like to interact with you. And so I have reduced my power to some degree to come through this lady and to speak to you.

So am I making some sense to you?

"Still no answer ... I tease you a little – but this message is going out to many people and I would like them to think about the different energies that exist in other worlds and why it is not so easy to communicate with other beings. Depending ...

If it was the next world you could communicate very easily ... but I do come from the next world ... as well as many other worlds ... and my home world ... if you like ... is from the God Source. From that place you would not be able to think AT ALL ... in fact I would have to reduce my Light - or it would be perhaps, be too much for you.

I am only speaking like this – for I want you to understand – about vibration, about Light ... DIVINE LIGHT. We talk about the Sun – the Sun has divine light – it is the Light Force that is in it that is in you. You have the heat from the Sun that gives Light to plant life and to other Beings, such as yourselves ... the human being, the animals, the birds. But there is light and light flows on in the Divine Sense of Light – it gives Light and it is truly who you are.

You are a God Being ... you are a Light Being ... as well as an Earth Being.

The Light Being that you are over-lights your earth body and so the two of you meld together and become one ... and so you are spirit – a light being – and an earth body. Does that make some sense?

I hope it does because I would like you to think about this – as I have said before that the spirit that you are would not last all that long if you were to leave the earth body; the earth body would not survive at all, the spirit body then falls away and moves on to your Light Body. And this is what I would like you to think about; I would like you to meditate and think about the Light Being that you are.

You are part of the Creative Source of All. (deep sigh) You have been sanctified with Christ Light ... so please think about this My Dear Ones ... and thoughts will come and I would like you to consider them.

And now I will take my letters that I know the people have sent to me and ... I will bless them and I thank them ... I thank them for sending me so many letters ... I send my love and my healing blessings to all of them.

And I thank you, I thank you,

I, God, Bless you."

### ***The Cosmic Sai Baba - [Transcript 02.04.2013](#)***

*We call upon Cosmic Sai Baba ... to make his presence amongst us ... .. Thank you ...*

"I am here, and I am very pleased to be here this day – thank you for inviting me.

There have been many things happening upon the Earth, as you know ... you watch your media ... you read it in the newspapers ... you read it magazines and books ... and a whole lot of information is coming out.

But there is change ... change behind it. Everything that seems not good is changing for the better, I can assure you. Because as things are aired, if you like, if that is the best word to describe it ... people will influence it – the change I mean – by their thoughts and by their reactions.

So I would like to ask everybody, regardless of what they hear, or read, can they please be positive and send thoughts of love and kindness to everything that happens upon this Earth? At this time it is important in particular to help change ... or ring the changes that are happening here.

And it is with your thoughts – apart from your actions – that you can actually help the change for the better, for the good of all rather than the good of the few ... .. There is much happening in the Cosmos which is influencing your Solar System and your Planet Earth.

And in this happening, it is forcing ... the Earth to adjust to the new energy that it is coming into alignment with.

And when I say 'force' I mean that the movement of this planet and the energy upon it is changing ... there is no choice. It will move into an energy that is uplifting. It is raising consciousness of everything upon the planet. So ... if you focus on an energy that is coming from a lower thought-form, meaning something that is not good for people (and this is a choice) ... .. then that will hold back what is actually happening on this Earth now.

Am I explaining myself? I hope I am ... for the changes will happen despite what people think. What I am saying is - that what you think will help the changes to move smoothly ... into a lake ... a still lake ... of calm and peace ... and free of the talk of war ... and a desire for everyone on Earth to help their brothers and sisters. For you are all of the same race regardless of what colour skin you have; or what culture or religion you have - you are the same race and that is what we call the *Earthling*.

You should be proud of it for there has been a long road in developing the human that you are; so be proud to be a human but make sure that you hold onto the human values. And you will know that the human values are right ... because there will be love in your heart ... .. that is it ... it is that simple.

So please be careful of the choices that you make, and the thoughts that you have and listen - listen to your heart for it is connected to the Creative Source of All and holds love and Divine Love within you.

God Bless you my children, God Bless you - but before I go, though, I would like to bless these letters that people have written to me ... and sent with love and heartfelt concern and desperation for particular situations that they are in – I want to assure them that all will pass – just have faith and trust – and the love will come and the light will come it will be much easier for you all. So I now take my leave.

God Bless you, God Bless you,  
I, God, Bless you."

***The Cosmic Sai Baba - [Transcript 07.05.2013](#)***

*We call upon Cosmic Sai Baba to make his presence and we welcome him this day.*



“It is I, Cosmic Sai Baba and I am very pleased to be here and to know that I am welcomed.

Many people are feeling pressure for the changes are taking place even though they cannot see it – they are taking place within themselves, and society, and the Earth herself.

The changes are difficult at times and they will be easier at other times. And I have actually spoken like this before. But be assured that the time is coming when you will be free of all the interactive changes that pull against the Creative Source ... and leave only the God and Love and Compassion and a feeling of Unity that will exist upon this Earth.

Changes are happening: If you view what is taking place upon this Earth, it may seem a little hopeless – but in reality it is giving opportunity to 'open up' whatever different issues are with different societies or cultures – or belief systems within yourself – and as they open up it gives movement and freedom to discard 'old thinking' and 'old ways' and 'old beliefs' ... so that changes can take place. And I would like you to be aware of this, rather than to be, shall we say down-hearted about what seems like hopelessness; but rather, be cheerful in knowing that the larger outcome from what is happening upon Earth. It is actually leading to a change where there will be unity and people will respect each other. Societies that may have differences, will agree to disagree, but still respect one another.

This will lead to harmony, harmony upon this Earth in all its forms, in its colour; its sounds and its nature. Music is a wonderful way to find harmony ... it connects to the heart and when you feel joyful in listening to music it raises your heart – it raises your emotions – depending on the music that you choose.

And you can feel a lot better very quickly – so I would encourage you to listen to music that is harmonious and lifts that vibration of who you are into a joyful feeling – from the love and the Source of All Creation.

I have not come for long today but I do wish to thank the people who have written to me – and I take these letters and offer my blessings to all those who have written to me – and send their love to me – as I send my love back to them – and I ask them to 'fear not' for changes are happening now, and will continue so.

Thank you my children, thank you for listening to me this day.

I, God, Bless you."

## **The Cosmic Sai Baba - [Transcript 04.06.2013](#)**

*We call upon Cosmic Sai Baba with love and ask him to make his presence among us ... it is the 4th of June, 2013*

“It is I, Cosmic Sai Baba and I am very pleased to be here amongst you. I have been listening to what has been taking place and in fact I have been part of organising it for you. And for those that are listening to this ... recitation that I am speaking, I would like them to know that we have set up ... what we call a ‘rescue circle’.

I would like to explain this – for those that do not understand – because everybody can do this. It is done automatically when people meet at a funeral and everybody is praying for the departed one – it calls upon the Source of All Creation to be present of Love and Light and all the nice things that are said about the 'departed one' and gives opportunity for the energy to lift and feel good – though sad about the departed one – but it also gives direct access to the World of Light and they are able to move on safely to the World of Light.

They return HOME in other words.

But there are those that do not always move on ... straight away after they have left their physical body ... and these I believe you are calling 'Lost Souls' and in way they are lost. Because sometimes they are angry, sometimes they are happy, sometimes they want to stay around because they do not want to go away from their loved ones ... and er, just be around, for no reason at all. Some are not realising that there has been an accident or sudden death ... they are not even aware that they have left their physical body. Because when they look down they see a body made of Light – it is their spirit – but it is exactly the same, shall we say a 'light copy' of their 'carbon body' that they were in when they were in their physical body. Am I making some sense?

*(All present agreed)*

So it is the Light Body and the Soul that returns to the World of Light after people have left their physical earth body.

As I said, some are a little lost and they need assistance ... to move on ... back to the World of Light.

As I said, this can take place when they die and there is ceremony and they move on safely - other times they do not. And so we ask people to volunteer to help with the work that is much needed upon Earth at this time in particular, to help move on the spirit/soul of the beings that have left their physical body in some sort of catastrophe or dramatic way.

So I would ask everybody ... if they are willing ... to set themselves up in prayer with connection to the World of Light and ask if they can assist any lost soul or spirit/soul to move on to the World of Light. And if there is someone around ... ask for the Angels to assist them and to come to you and you can hold the Divine Energy of Light on the Earth dimension and then they can move on from there – back to the World of Light.

Does that make some sense? I hope so. For I am hoping also that all that listen to what I am saying will think about being ready to assist those that have not moved on and that need assistance ... just simply by a prayer, by thinking of the person – that being – and asking for the Angels to be present so that they can come and you can help hand them over to the Angels that will assist their moving back to the World of Light.

I hope that some thought will be given to this – it is very important at this time – there are many leaving this Earth at this time ... some are confused by it – and they do need help – you can talk to them (in your mind) as if you were in a hospital talking to somebody that has just lost consciousness and then awakened and are not sure where they are. For that is exactly what happens with a lost soul.

So you can talk to them, reassure them, and say that you are willing to help them – you will call upon the Angels to assist them back to the World of Light. Explain that they have left their physical body and it is time now for them to look up towards the light and return home to the loved ones who are waiting.

This is important, and you can do it; very easily. I hope you will give some consideration to this – it is a work of God and for God – and for the Angels.

Thank you my beloved children. I am glad that you have given me this opportunity to speak and to work with you this morning and to show exactly how easy it is to help 'Lost Souls' walk back to the World of Light.

And now, I would like to bless all those who have sent letters to me, and I want to reassure them that they are in my thoughts and I send my love to them. And I ask them to be brave and not to give up hope. All that happens to them has a reason and a purpose - all they have to do is to pray, trust and follow that intuition which is '*inside*', teaching, that tells them how to be guided in every step that they take in their life in a physical body.

Thank you my children, thank you.

I, God, Bless you."

## **Addendum**

In His Transmission – Cosmic Sai Baba is really inviting people to 'rescue souls' on their own. What happened to us was a 'group rescue circle.' So people can rescue either way.

First I rubbed the base of a Tibetan Temple Bell around the base with a round wooden stick until it builds up energy and rings out an OM sound. I know then the energy in the room is high and clear.

Yesterday it would not ring out a sound. So I asked everyone present to voice sing the Om sound. It should have been enough to raise the energy in the room but there was still no sound. So then we felt there were entities in the room and that the angels had brought them. The energy was so low in the room it was giving me a headache. And some of those in our group were very restless. There were obviously entities in the room needing to be rescued. We formed a circle, lighting candles and called for Cosmic Sai Baba and the Angels to assist with lifting the spirits back to the World of Light. We felt an inner suggestion to chant Om 3 times, also.

We then felt tingling in our hands and a presence in the room. We advised we were here to assist them and asked them to look up and they would see Light and loved ones calling to them. We all felt our arms rising into the air as the spirit energy lifted up. There was a shaking of our bodies as the release came and we felt unwanted energy fall away from our bodies. (This was heavier energy holding the Soul/Spirit in the 4th Dimension.) We asked to be filled with Love and Light from the Source of All Creation and gave thanks for the opportunity to assist the 'Lost Souls.'

## ***The Cosmic Sai Baba - [Transcript 02.07.2013](#)***

*We are calling upon Cosmic Sai Baba with love and ask him to make his presence among us ...*

“I am here, and I am very pleased to be here and to know that I am welcomed.

Troubled times are still with us on this planet – and I say ‘us’ for we are here also. Those that assist me from the World of Light are here also. Mingling amongst you – or sending messages – or encouragement – you are never alone, be aware of that.

The Angelic Realms are with you ... always. All you have to do is to call upon them and they will assist. I have said this quite a number of times now, for I hope you are doing this. For spirit, as you would describe it, is very real ... It is the essence of your Soul – it is who you really are.

So you are readily part of the World of Light and you know what to do at a time of crisis. I am not suggesting that there is going to be a crisis – but ‘times’ are difficult at the moment and there is a need for assistance in many places around the world.

And I feel that if you were asked you would assist in some way. And so I am asking you, if you can assist, *then please do*, and remember that prayers and thoughts are the strongest power of energy that you have within you.

So it is your thoughts and your prayers that can do the most good for all those around this Earth at this time.

Those that are struggling or are confused; those that are hungry; all can be assisted – please know this – all you have to do is ask and it will be organised.

This may sound a little far-fetched – but the energy and the thoughts can be put into the thoughts of those that can make something happen – but you must ask us first, before we can do these things.

I hope I am not misleading you – and I think you know what I am saying – that thoughts can influence ... (and are very powerful) ... more than you realise – so please be careful about your thoughts. For they can interfere with good – good for all – good things that are done to assist people. It is important that you look at your thoughts.

Think positively – for this is what will overcome, anything that pulls away from The Good or from God.

My message is short today – but I come with love and I thank all those that have sent letters to me – I bless them – I bless them and I send love to them. And I thank you all for listening and being such GOOD people – for that you are.

I, God, Bless you."

### ***The Cosmic Sai Baba - [Transcript 06.08.2013](#)***

*So with great love and respect in our heart, we are calling upon Cosmic Sai Baba to make his presence.*

“I am here, and I am very pleased to be here ... and it is Cosmic Sai Baba, and I welcome the opportunity to speak to you all.

The time ... has been difficult. The new energies coming onto this Earth are stirring up a lot of issues within people, within countries and within the Earth herself. But be at peace, because it is all good. The energies are changing and they will move forward so that life will be easier. But it needs a little time for adjustments to take place.

And so I have spoken before about explaining these things to people who are perhaps a little fearful. For they know, subconsciously, that changes are afoot. And they have fear in them. And with fear, of course, they can (unknowingly) create a problem, or create a future that is not a happy one. It is up to them. It is up to them to choose what they would like.

But despite this, that the world is moving into the Golden Age. And there will be great change upon this Earth when this finally does come. But I would ask you, as I have asked you before, to speak to people if you feel that they are afraid; and reassure them – and explain to them – about the new energy coming onto Earth.

You can explain about frequency and atoms, and how that is quickening; and how, because of that, time seems to be speeding up. It is not exactly ... just changing a dimension. And as you move forward the dimensions – if you measure it – will be faster than what we have been in the Earth's 3rd dimension; but the third dimension is being left behind now that we are moving into the 4th and 5th dimensions.

Be reassured. There are still difficult times ahead, but nothing disastrous in that you are not cared for at all times.

So I would like to ... leave that thought with you and if you focus on the heart, which is the seat of your soul, you will connect to the Creator of All, that is within you ... and beyond you and you will feel ... much more comforted and at peace. It is a discipline; that is all that is needed, a self discipline.

I do not mean to lecture; I am just trying to explain. It can be difficult at times; but if you persist, and have a drink of cold water for instance, that will help settle you, settle your emotions, and settle your nerve endings in your bodies – for all these interact.

It is actually very easy to walk in a physical body that is balanced, calm, at peace; and always aware of what is going on around it in the deepest and most spiritual way. This is what you are aiming for, and to gain that ... you will achieve it by connecting to your soul consciousness and your heart, and bypassing the brain (but respecting that) and you will become ONE with the Creator of All. And that is your home.

So be at peace, be at peace, be at peace.

I would like to also thank all the people that write to me, and send their thoughts and their concerns to me. And I would like to reassure them also, that all will eventually pass and calm down. And they will be happy. And they can help themselves if they [follow the](#)

[meditation that I gave to Valerie](#) when we first started this meeting. It will assist you, it will assist them.

Thank you, thank you my children.

I, God, Bless you."

### ***The Cosmic Sai Baba - [Transcript 03.09.2013](#)***

*With great love and respect we are calling upon Cosmic Sai Baba to be present here amongst us.*

"I am here, and I am very pleased to be here with you – and to share your stories – and listen to you ... sharing those stories with each other.

And this I would encourage many, many people to do so if they have a message from the so called 'God Source of themselves' then if they share their stories they will be able to encourage others to find that they can also connect to the God Source that is within ... and have stories to tell and share also.

But I have not come to preach today – I have come to just reassure everybody that there are changes; many, many changes taking place on this Earth. And many changes taking place within each other.

For, the societies, and the countries and the races upon this Earth are changing – they are being placed in a place where they need to converse with each other to find their differences and resolve them without raising a weapon: but rather to speak and to understand where they are coming from.

For if there are wars or anger with each other over a God, then the reality is not there. For there is only ONE GOD – and that is the Source that is within everybody and the Earth herself.

And that God comes from a Creative Source of All that Loves, that Feels and is Compassionate.

There are no weapons needed from that place. For all need to respect one another and respect each difference of opinion. Resolve that ... either that ... or agree to disagree. Or to live in another place. All situations can be sorted out with discussion and understanding.

And this must happen on this Earth ... there are too many people coming from a place where they feel that this is right and I am right and they are not understanding, that everybody, everybody upon this Earth is individual and so their path to the Source of God within them is separate and different.

This is a need for everybody; to find that Source within them; and to come from that place with Love and Harmony and Peace.

I hope ... I hope all that are reading this message will work at finding that place within them. This place on Earth is a garden ... .. It is a garden of Love, of Energy, of Eden, of Energy of Compassion and Sharing. There is enough for everybody – nobody need go without.

Think about this My Children, think about this ... think about this.

I, God Bless you, and I thank those who have written to me and sent words of love and reaching out ... for if you listen to what I have said this day ... and find the courage to connect to the God-self ... you will find all the answers and all the Love and Compassion that you need to make changes upon this Earth.

I, God Bless you. Thank you.”

### **Addendum**

We began our meditation today connecting with our inner-eye to the solar sun and the divine light flowing through it ... into our hearts, our inner sun, the seat of our soul (Sol = Sun) and then flowing down so that we could earth the Divine Energy into our Mother Earth and her inner-core of the sun that is within her centre.

One of our members advised she heard her 'inner-voice' say "*Trust me Always*"

She was a little confused so I suggested she remain in an meditative state, rolling her eyes back as if she was looking above the clouds to the sun and ask her God-self, "What do you mean?" and the immediate reply came back, "*I love you.*"

It brought tears to her eyes – she knew she was speaking to her God-self and she knew it was truth.

This opened up a lot of discussion about how others in the group had received messages from their God-self – not all heard voices; some received images, and others just experienced a feeling of love and knew intuitively they were experiencing a message from their God-self.

Think about *tuition* meaning teaching. The feeling of in-tuition is *inner teaching*.

### **The Cosmic Sai Baba - [Transcript 01.10.2013](#)**

*With great respect and love, we call upon Cosmic Sai Baba to make his presence.*



“I am here, and I am very pleased to be here this day, even though it is a bit windy, I think. However, it is very different from where I come from, and so to experience what happens here on this planet – your Earth as you call it – is an experience that I like to enjoy, from time to time ... Because I am quite familiar with it, as you know.

I have not come to tell or to talk too much today ... really. Except that you can see ... how the new energy that is coming upon this Earth is bringing changes ... and very swiftly, for there are many, many ... changes happening here on Earth. And I will not spell it out for you, but you can look at your television or listen to your radio or even look within yourselves and those around you and realise ... that many people are facing changes – changing within themselves – as well as societies and countries, and the Earth herself.

But do not fear ... it will transcend the rough part, shall we say – because I have warned you about the rough times coming – although I have assured you that there is nothing to fear. And if the feeling of fear comes up, then I would suggest that you connect to the Creative Source of All that is within you and ask it to be taken away. Because it can be replaced very easily from the creative energy that is within you ... that is light and love.

This might sound a little corny (if I could say this) but it is the energy – everything has energy – and it is the energy that needs to be transmuted and replaced ... with love and light.

For from that place, all can live in peace and harmony, take care of one another ... and if there are any differences, to find a way to agree, to disagree even, or resolve the differences.

There is enough room upon this Earth for everybody that lives upon this Earth ... to live quietly and calmly, and peacefully. There is also enough room on this Earth to grow food, and enough water to supply everyone upon this Earth. It is a matter of planning (of course) and assisting ... and groups of people helping one another. For there is a know-how to help those best - who find it difficult to help themselves.

If all this is done with love ... and gratitude from the Source ... and from the Planet herself – the Mother Earth – then all will flow because it is (giving of) gratitude – and (that) it is how it is. There is no coincidence that you are living upon this Earth, this planet. This planet is a source of Life. And you are Life. And that is the same energy ... even though it presents in different ways.

And you could express it in different ways. But it is not harmful. Only if you misuse the energy. I would like you to think about that. Because prayers are very readily answered if

you reach out. And there are many that are ready and willing to come to help. And we will come, as soon as you ask.

For, what happens upon this Earth ... is up to mankind to undo what has been done upon this Earth – we cannot do it – but we can assist you in ways on how to make it right. If you want to listen ... we do not want to force anyone; it is their choice – it is your choice. And I want to emphasise this ... what happens upon this Earth is mankind upon this Earth - it is mankind's choice – or choices if you like – for there are many decisions to be made.

I hope you are understanding what I am saying. You have the creative energy in you. And so it is possible to achieve many things greater than what you can ever imagine that you could – but have faith. Because you can ... you can ... create ... what you really want upon this Earth. And I hope it is a choice – a choice – of happiness and love for one another and caring for one another ... so that no thought of a weapon will ever arise into your consciousness again. I leave you with that thought.

Thank you my children, thank you.

I, God Bless you. ”

### ***The Cosmic Sai Baba - [Transcript 05.11.2013](#)***

*With great respect and love, we call upon Cosmic Sai Baba to make his presence.*

“It is I, Cosmic Sai Baba, and I have been here for a while, listening to the conversations that have been taking place.

And it is good. It is good that people talk and share their knowledge and interact. And this sometimes sparks something else within them, which has always been there. And that is, of course, the light of God. It is sitting there within each and every one and the knowledge and consciousness from that place can then be – shall we say – can be opened up like a door, accessed, and all that they need to know can come forth. It is that simple.

However, I have not come here, today, to lecture. I just want to reassure everybody ... that the world is actually ... moving forward; it is moving forward to the predicted place of peace and harmony, and it will not be all that long before that happens. But it will be ... a "ride" shall we say, that is a little rough, still, for a while.

And of course, what is happening with your climate, all on this Earth ... is showing that there is a lot of change and a lot of something that is influencing the "bad" climate in that it is very rough and dangerous at times. And so, I want to reassure you that if you could be – one of the ones that have committed themselves to planetary healing – it would be good if

you would pray every day – and I am sure you do. Those in this room and those that are listening and reading this message – if they would kindly spend some time during the day ... or in the morning, first thing – when the Sun rises – to pray for peace and harmony, and goodwill ... and calm ... upon this Earth. And it will happen, I can assure you.

And the more the consciousness changes upon this Earth, the more it will readily be calm.

Trust me; I can assure you ... it will. There is a little time to move forward ... for the consciousness to match the new energy that is coming upon this Earth. And once the two come together ... they will resonate and mesh together ... so that they will be matching. And the consciousness that is "matching" will move forward then, together, as One. Peace and Harmony will then reign, because there will be nothing pulling against anybody to want to do something a different way.

And by that I mean, they will still have choice. Everybody has free will. Everybody can live a life as they want to, or wish to. And as long as it is not harming anybody, then that will be so.

There will be a place where consciousness raises and there will never be a thought of war. Nor, of wanting to harm people. So this will happen. It is going to pass, to be. Just keep praying ... and that will assist the process to take place.

And now before I leave, I want to thank all those that have written to Me; and sent me their trials ... and their troubles; I want to reassure them that I am with them ... I ... and all those that connect to God, the Source of All Creation ... are with them. And will help them as they reach out for assistance ... and we accept their love that they also send, as we from the World of Light, from the Creative the Source of All send our love, our blessing to All, upon the Earth, whether they realise it or not.

Thank you my children, thank you.

I, God Bless you. ”

### ***The Cosmic Sai Baba - [Transcript 03.12.2013](#)***

*With great love and respect in our hearts, we are calling upon Cosmic Sai Baba to make his presence amongst us.*

“I am here, and I am very pleased to be here. It is I, Cosmic Sai Baba. And I have been listening to the conversation that has been taking place here. And the talk of manifestation – Magic – if you like.

I know that there were many ... on Earth that did not believe that I could do such things. And they thought it was trickery, but it is not. And I would like to reassure you that this young man you speak of ... it is not trickery. He has the ability. And so I could go on and say also, that the human has it written, has the ability – once developed – and can do all these things themselves. But that is for another time – shall we say – down the track. But it will be possible. You have inherited the genes from the Starpeople and the Starpeople, from a certain frequency, can do all these things. And so ... I would like to reassure you. And it is only being like small children – naturally – if you look and wonder at these things and think it is trickery ... it is not possible ... There is discernment needed of course, because at some times, it is trickery. But it is possible.

And once those develop the ability to manifest ... and change ... change your view of things ... then you will find ... there is no limit. And this is what I am saying, you will become, as humans – maybe not this generation, but with future generations – they will become ... Children of God. They will have no limit at all. They will be able to manifest whatever they need.

And so does that make some sense? Am I explaining myself when I say manifest ... because the mind could go on and think, *'What does he mean by manifest?'* It is saying, actually, that whatever you needed, whatever you wanted, can be manifested – almost straightaway – in front of you. There is no limit.

And I can say that there are beings in other worlds that do this all the time. And we have described this as the Angelic Realms. The Angelic Realms ... have no abode at all, because they do not need it. Actually, they can be here, there, anywhere, whatever they want, whatever they choose. There is no limit. So am I giving you some understanding of what I am saying?

However, today I would like to reassure you. The changes are still happening, and you are moving forward into the New Year. And the New Year holds the Change itself, and so things will become a little more calm in the next year, I am happy to tell you. And so, the weather will start to quieten; people's emotions will start to quieten; ... and life itself will become quieter. It will not seem to be racing at a faster pace.

Because, you are all lifting into a higher frequency of Divinity, of Divine Light.

And in doing that, you will match the light that is coming already onto this planet. And when the two meld together, they will mesh together like gears in a car; and the driving force will be gentle and easy flowing. Does that make some sense?

I hope so – because I am trying to explain what is actually happening upon this Earth. It has been birthing into a new ... a new atmosphere, a new way of life, a new way of being. It will still need changes within people and the Earth herself. But it is slowing down because the matching of frequency is becoming closer. And so there is no ... discord ... if I can put that way.

I think today's message – for today – is that calm and peace, and a willingness from all nations to understand each other, and speak with each other, to find consensus with each other, with the problems that exist upon this Earth with the different nations, the different cultures and the different peoples.

One thing I could remind you all ... that you are all Earth beings ... your blood is the same, your liver is the same, your heart is the same. You have been blessed from the Source, and from the Light and from God; and harmony and peace is within you. It will start to manifest. And so I would leave you with that thought this day.

But before I leave, I would like to take these letters that people have sent me ... and I would like to bless them ... and reassure them that they are not alone ... that there are many, many, beings of light ... that are around them – and always have been – and willing to help and assist them.

### **All you need to do is to ASK.**

Because once you ask, the door will be opened, and there will be an interaction from other worlds ... and beings that will be there to help you. They have been waiting. They have been waiting for you to acknowledge them. Once you acknowledge them, they will be there, I can assure you.

And there is really not that much difference from who you are in a physical body, now. They are emotional beings; they are intelligent beings; they are evolved beings; ... and they know and understand the sort of problems that you face here on this Earth.

So my Beloved Children, again I say, 'You are never alone'.

God bless you, God bless you, God bless you. ”

... ... *we all said, "Thank you."*

### **Addendum**

Before the transmission, we, as a group, were speaking about Steven Freyne, the Englishman known as *The Dynamo Illusionist* ... you can read more [here](#), and [here](#). Some

felt it was trickery and some felt he was a very special person teaching the world about manifestation.



*Thank you my children, thank you.*

*I, God, Bless you. ”*