

# Cosmic Sai Baba Transmissions 2015

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## Cosmic Sai Baba Transmissions for 2015

At the inspiration of the Cosmic Sai Baba, we make all the transmissions for 2015 available for download, your reading and printing. The Cosmic Sai Baba has asked that readers be mindful that the transmissions are given through a channel (the medium Valerie Barrow), and placed on the Internet for your spiritual progress. Thus, we offer this collection of the 2015 transmissions by Cosmic Sai Baba as an E-book for spiritual benefits; to print and to share around.

### 6th January, 2015

*“We are calling Cosmic Sai Baba to make his presence and apologise for keeping him waiting.”*

He came in with a loud ‘hurumph’ ...

**“It is I, and I am very pleased to be here. There is no problem my children – no problem at all – I am always glad to hear this kind of conversation taking place. And I would encourage many people to have conversations about ‘Holy Spirit’ ... About the influence of Holy Spirit upon them and ... conversation of such nature.**

You will find that one person has one particular emphasis on something and another might think about something differently – actually if you keep talking you would find that there is no separation whatever. And so, this is why it is so good to talk about these things.

It is good to talk about everything really; to communicate with one another so that there is no misunderstanding ... because quite often what one says seems so different from another ... when you actually talk further ... you find you are really talking about the same thing. But just in a different way.

This is how this Earth will move into peace. Because if people speak and talk and communicate (rather than thinking about raising a weapon to sort out a difference or a problem – **this will never, never reach peace**) (and so) you need to sit and talk. Understand one another; and to actually speak of how they feel from one point of view and then see how another can think and speak from another point of view. Quite often as you keep speaking you find you can influence each other to actually begin to agree about something that you were ready to raise a gun about!

And so I would encourage – contact. I would encourage people to come with an open-mind with respect with one another and then just communicate.

They will find they can then resolve issues very easily, as time goes on.

Now, I am sounding as if I am preaching and I do not want to do this. I would encourage people to meditate – meditation is the connection to your Soul Consciousness. As has the conversation been going this morning – the Consciousness of the Soul is very real – very real indeed and as has been said without the Soul Consciousness your physical body would no longer operate.

It is your Soul Consciousness that is coming into the body that actually helps it to keep alive in many ways – your breathing and your heart beats; in the flow of your blood. Every operation of, or shall I say ... I am thinking for a word that the different aspects of the body that help operate—to help cleanse it and nourish it, and to keep it alive and running—This all comes from your Soul Consciousness.

There is a great need for people on Earth to find Peace – and to find Peace they need to find Peace within themselves. Once they find Peace within themselves they are able to talk and communicate with others, in a peaceful way. This will lead to Peace on Earth.

And so, although I am speaking for a little long here, I am reminded about the letters that people have written to me and I want them to know they have been blessed. And er, I have not missed anything. I want people to know – that if you reach out to me by name and with a little ceremony that would help to just clear the energies either with a temple bell or a candle which actually also helps to clear the air and then ASK.

Ask, for whatever is troubling you; for ways that may help you or assist you to get through day – or your year – or your illness – or your work. Or *whatever it is* that is troubling you. Maybe it is family issues. All this can be resolved, certainly! From there, after you have asked – prayers can be given and they do work. I use the word in a very modern sense ... but prayer, if you think about it, is a thought, it is a consciousness, it goes out with the flow.

You talked about ‘The Force’ and the force of change does work and operates upon your Earth. And so – if a prayer goes out, it will be carried along by the Force that exists from the Creator of All and will help to bring changes as it touches people – the ones that the prayer is meant for – it will help to change – it will help to change them miraculously – it is now known that miracles work – and I would like you to think about that – if you would.

I am very pleased to be here this day and to share this day with you. Thank you my children, thank you for listening to me.

I wish you every blessing – particularly as you are beginning a New Year as is understood by most races upon your Earth. For us – there is no separation. It is just change that takes place every day ... the Sun rising and the Sun setting ... and the Moon rising and the Moon setting – this is our time. This is our day, this our year and the seasons that are influenced upon this Earth.

So God Bless you, my children, God Bless you ...

**I, God, bless you”.**

## 2 February 2015

The meeting began with chanting of the Om, nine times.

*We are calling upon Cosmic Sai Baba to make his presence and we welcome his presence here.*

**“Oh! I am here! And I am very pleased to be here. Thank you for calling upon me.**

You have had a lot of conversation this morning about many things – and many things that have given you insight about the existence of Spirit and your soul. Is this not right?

For, all upon this Earth have a soul – and with each soul there is an agreement – and with the agreement, they come knowing who is to be their mother, and their father and others in the family. And perhaps – karmic records need to be balanced – and I say this with love.

It is a way for all peoples upon this Earth to integrate and find unity; because when born into a family – the family is LOVE – that is automatic, it is *blessed*... from the souls of the parents and the child born into it. So that the love can actually help heal any karmic debt, if I can put it that way.

So, My Dears, you have been talking about a very interesting subject and I would like to talk about this at another time.

Today, my message is – the world is moving forward as always. And sometimes people will say “Look at the newspapers, and the radio or the TV!” and think themselves that “Where or when will unity exist upon this Earth? And when will people stop fighting or arguing and hurting one another?”

The agreement they have come with the Soul has made – between all – that they will help to bring unity to this planet Earth. And to find respect for one another; listen to one another ... and perhaps differ with one another ... but still be unified in that ... all—all that happens on the planet Earth is with respect; respect to the Mother Earth. And respect to your Creator, the Creator of All.

This is a short message today, for Valerie (with her husband) is soon to travel to France, and to spend six months there. And for those that are listening to this message, she will be continuing to receive these messages from myself. And they will be placed on the website so that all can read them. But it would be difficult to receive letters so I would ask that please,

people, not to write letters for a while – for six months. And to speak to me directly in their hearts.

For as soon as *anybody* calls my name – Cosmic Sai Baba – **I am there**. It may be hard to believe this, but, if you practice it enough, you will *know* this. So please understand that all you have to do is call my name and I will be there.

So today, I give blessings to the ones who have sent letters, and I would like them to know that they are in my heart. And I will care for them in every way that needs to be. So please reach out – and feel my Love. For my Love extends to all upon this Earth, this planet, and all living creatures – be they small or large.

The Love goes out to all.

I thank you my dear children, I thank you. I thank you.

**God bless you. God bless you.”**

## **3 March 2015**

With great respect and love we are calling upon Cosmic Sai Baba to make his presence.

We are at this time sitting in a room in Montignac, France (near Angoulême). And we welcome Cosmic Sai Baba’s presence amongst us.

**“I am here! And I am very pleased to be here ... I have been waiting for this time for a long time.**

For it is something that is happening with John and Valerie in their visit to France, that they were welcomed with open arms and be at peace in the work that they do. But for the time being I am going to just give my regular message and say that I am very pleased that I have been called upon, and (I am very pleased) that a meeting has been arranged for I do love to have a few people around when I come.

The girls in this room have been learning how to meditate.

Now, meditation is a word that is sometimes misunderstood. And I would like to speak about that today. For it is not a religion, it is a way of communicating with the soul consciousness. And the soul consciousness is something that people have not readily realised (or a lot of people, that is) that it is a consciousness and it is able to give each person – each individual – **each Earthling that has a soul** – they are able to communicate with their soul consciousness and in doing so they are broadening the aspect of who they really are.

And they can learn a lot more about who they really are.

It is not difficult. It is quite easy. Because they have actually had the soul consciousness with them ever since they were first formed as a tiny little one. And that earth body ... has grown from a baby to a child, and then an adult ... and each time, the soul consciousness is adjusting to the growth of that being.

There comes a time when they are an adult and able to make decisions for themselves – no longer depending on their parents. And from that point, then, they can make choices in their lives and carry forth the agreement they have come to Earth with, from the soul.

The soul has an agreement of the many things they will be doing as their life progresses. They will be experiencing many things and meeting again with other souls that they know very well. Sometimes there are opportunities to heal misunderstandings between some of these souls. And other times there is great upliftment of joy and divine energies with those that they know very well and have come to assist them on their journey here on this Earth.

For, they have an opportunity to – perhaps – do work together. It depends. It depends.

I have not come to preach today. I just want to encourage people to meditate, and to feel that the knowledge I speak of is very real and it is possible for them to learn how to tune in to the inner person that they really are and move forward.

It is a new frontier – it is a new frontier of knowledge and exploration that happens within the Self. For, answers exist from that place. And I would encourage people to explore that.

And so I will not make this message today a long one; but it gives me pleasure – as I have said – to be here this day. And I thank you, I thank you, from the bottom of my heart for inviting me and organising this day.

John and Valerie are going to be in France for another six months, and I want this to be known.

So ... I will send my blessing to everyone. Everyone that tunes in to me, I will assist. *It is my pleasure to do so.*

And so, I take my leave and I give my blessing.

**I, God, bless you”.**

## **7 April 2015**

**Valerie:** *It is the 7th of April (a Tuesday) and we are speaking from Montignac, France (near Angoulême). And we are calling upon Cosmic Sai Baba to make His presence and to give us a message for this day.*

*And we welcome his presence.*

**“I am here! I am here, my dear and I am very glad to be here among you. Very glad indeed!**

And I know there has been much talk today – and I have been listening – for I have been present, also. I welcome the opportunity to come, and to listen; for I learn also from the way people are thinking!

It is possible to read people's minds. And I do not want you to freak out about that. But there is a method of use that is related to the Source of All and it is knowing the way people think and being aware of this and not to make a judgement – but rather to assist – to assist the little earthling that is on the planet Earth. And one ... that needs assistance from time to time – and I am sure you will agree with me on that.

It is a little hard sometimes to know what to talk about. But Valerie has been talking about many things and she is a little concerned about the state of the Earth as all of you are. And I have said that the people on Earth appear to be in total disaster at this time.

But if you were to look at – shall we say – the overview of what is happening, you will see that there is a lot being achieved. Also very different from the Earthman's thinking. In other words it is not readily thought that hundreds of people should die to prove a point or to change an energy but unfortunately that is what is needed upon this Earth. And so there are many souls that have come and volunteered to actually leave the Earth at this time to help raise the consciousness. For it is, as you know, your Easter time – and your Beloved Jesus did just that.

This is what it is all about.

It is about raising consciousness.

And for those that want to continue assisting the Earthling, they can come back again – in another body – as a Soul, the *same* soul, that comes back as another being, another personality perhaps, and another agreement about how the life will be lived. But it will continue. And this is the scene. The Earth-race is one that is continually changing.

And we in our own way are trying to foster changes so that all the people upon this Earth come to really understand what true peace on Earth is, and what it means, and how to go about it.

And so I have not come to preach today. In fact, I do not want to *ever* preach. I am only speaking from my observation and from (the observations of) those that work with me in the World of Light. We, have been known to be referred to as “God Beings”. That is not exactly who we are – if you would think of us as “the Creators” – although we are able to use that energy and help create! But, it is always done with permission.

And this is what I would like you to understand. That anything that is done – is done with permission from the Source – then this is the way it is meant to be. And it is blessed by the Source. The Source of God – the Creator.

And I use the word **God!**

Some people are not happy about that for there are many things that have been done “*in the name of God*” that have nothing to do with God at all.

For **God is Love**. The Universal Love. I would like you to remember that. *And all else flows from that.*

Love! Universal Love – that is always caring for another; being compassionate about another; and assisting – if you can – to help ring changes upon this Earth. (Which does need a lot of help at this time...)

There are many that are coming voluntarily into a body – with an exchange of souls – and this has been spoken about before. Because they come, they come with knowledge and understanding; they also come with a certain amount of power that does help the change – the Earth, the energies that exist upon the Earth – to transmute the energies so that it will not be needed – and to move forward with the changes – of the environment of Suns, the Core of Suns – that the Earth planet is moving into along with the Solar System, its Sun, and other suns that link back to the Source of All Creation.

So I would like you to think about that, if you would.

I send my blessing and my love to all of you; to all those who are reading my words, and I hope that they will feel — feel the energy of love that comes from the point of the Source of All and it flows freely through me and I wish it to flow freely to all of you.

**I, God, bless you”.**

## **6 May 2015**

Valerie: We are calling on Cosmic Sai Baba to make his presence amongst us, and we welcome him—to come this day.

**“I am here! And I am very pleased to be here.**

It delights me to see ... change taking place in people when they think and know and understand about the influences of energy (as Valerie says), and how it can influence you ... but, how it (energy) can make you unhappy – but – how you can change it and make yourself feel happy.

Even pretending to be happy can help for a while – because then things seem to flow away and not worry you so much. And it is a form – of shall I say – “Open eyed” meditation where your Soul is looking around and seeing everything around you – but – you see it with new eyes if I can say it that way.

You see it in a happier way. Your eyes seem to pick out the things that are good ... happy families ... pets and animals ... that jump around with joy and are so pleased to see their loved ones ... and children that behave well ... and look at you with a smile! You can see it in their eyes ... that this is a secret.

If they smile, and you see a smile in people’s eyes – you really have no worry about them having secret thoughts that are negative or pulling them down ... because the eyes are the windows of the Soul. And that is not just a saying, it is real; *it is real*. And so you can tell by looking in people’s eyes just how they are feeling.

And people's eyes glow! They shine! They laugh, and their eyes shine. You can be sure that they are happy inside. And this is the road, this is the need for everybody these days – to actually find that inner peace. That inner happiness, that Lovingness; to love themselves so that ... everybody else around them is affected by that. And you can help them to love everybody around them as well.

This is the secret ... of peace and harmony ... and beauty. They all have to do with focus on that – just to relax ... to centre on the Mother-Father God, the Creation of All that is within you because you are a Child of that – that energy in you. And know, then, that you are God! And from that place, find that deep, deep feeling ... of peace ... and happiness ... and Joy.

I think I will leave today, and I hope you have listened to my message; and I hope and pray that all will find joy and happiness ... and the real meaning of what God is ... upon this Earth.

For That it is.

It is around you, it is in everything.

It is an energy, it is a force; it is one of growing. It is one of continuing in life ...

**God Bless you my children, God Bless you”.**

## 2 June 2015

**“I am here! And I am very pleased to be here – for I know I am welcomed! And that always gives me pleasure.**

**For when you call upon Me .... I'll come!**

You may take one step towards me, and I will take 100 steps towards you – to help you – to find answers for you – to assist you in making decisions – to help you in moments of crisis. Or advice.

The advice might not always be what you expect or what you want. But it will be in your best interests, I can assure you.

For we have spoken about a consciousness from the Soul. And the soul consciousness – shall we say – holds the door into much more knowledge and information that you have available to you, if you call upon it.

It does not operate through the brain, although it can hold onto some of that information. And as I have said before, if there is too much information for the brain, it would not be able to cope with it. It is not much different than a computer, in a way.

So the information comes from the soul consciousness. If you reach out and ask ... the door will be opened. This is a message that has been given – nearly 2000 years ago – it came from

Jesus Christ. And yet, it also came through other – *messengers* shall I say – or other beings of light that have come to teach, to help the little earthling to understand who they really are.

For who they really are is not just a physical body with a brain. No! No, not at all. Rather, they are Spirit – with soul – a soul consciousness that is available *always*. In fact, it is continually prompting you in ways that you take for granted, such as your breathing, your heart beating ... and functions of the body that are automatic. Without the soul, these things would not operate.

For, when the soul leaves – at the time of the end, or transition from your body, everything stops. And that is because the soul has left.

The teachings from the soul consciousness are no different from the world teachings in religions. But it is not necessarily a religion. Far from it. It is a *spirituality*. It is who you are as spiritual beings.

And you have lived many lives before – and in the future. And not just in an earthly body, but in other bodies that exist in other worlds, and other races. There is much in you – that you can explore – if you like. Or, you can choose to let that all go ... and ask for the Source of Creation to help you let it go ... and begin afresh – shall we say – *with the slate wiped clean*.

Because, it is a time of change; it is a time that is happening now – for all peoples to walk forward – with a weight lifted away from them – from the past karmic debt that they have – and move forward into a New Age – The Golden Age, that has been prophesied for a long time, now.

Now is the time. It is coming upon you – your consciousness is raising – people are much more open now to things of an esoteric nature than they were in the past. This is no coincidence. It is because the energy of the consciousness is lifting. It is actually operating a little faster as it gets closer to the soul consciousness of who you are.

It gives the feeling that you are running out of time – but you are not. It is just a conflict of measurement of energy, that is all. Once you move into the consciousness of your soul, and synchronise with that, it will seem all very normal – and it is normal – **because that is who you are**.

I would like you to contemplate on that – on what I have just told you – and think about it more. Ask Questions – with *intention* – of asking for assistance from the Creative Source of All. Some may call it God. Some may call it The Force. It is of a higher nature because it is wiser – and there is a language of energy. You could call it a language of light. It will give you information that you need in many ways ... in many ways.

Just be open.

Do not force it, or expect a certain answer. For that is actually closing the door to the answer that has been given to you. So leave yourself open. Ask – for the Love of God – to surround you – and be within you always.

For this is how you can find true freedom within you.

Thank you my children, Thank you for allowing me to come.

**I, God, Bless You. ”**

## **7 July 2015**

*Valerie: (It is) Tuesday, July 7th, and it is morning in Montignac, Charente, in France, and we are calling upon Cosmic Sai Baba to make his presence – and to give us his monthly transmission – which we will welcome with open arms.*

**“I am here! And I am very pleased to be here as always – for I know I am welcomed.**

It has been very hot – on where you are at this moment – at this time. This is not ordinary temperature; far from it. It is usually much softer – and gentle – in the summertime in France.

And this is indicative of the changes that are taking place upon the Earth. For, if you look around – and listen to your scientists that study the Earth and its climate – you will find there are many places on this Earth where it is **far too hot**.

When I say “far too hot”, it is the light from the Sun ... but rather than being creative, it is destructive. In other words it is out of balance. And so there is an important message going out to many of your leaders upon the Planet Earth – such as from Francis, and many others that people will listen to, we hope.

For we have – in other worlds – discussed this with some of the leaders that are open to hearing messages from the Source – and your Pope is one of them – and he is listening. And he has put out a message of **take care** – that we need to look after the Planet – and not just dig into it, take from it and not replace it. And as you are not always understanding how to replace it – it is best not to take anything out at all.

There is talk of renewable energy or energy that can be readily used and will not do damage to your Planet. Rather, it will assist, because there is too much damage happening from the imbalance of the heat that is on this Planet.

I do not want to preach—but I do want you to think seriously about this.

Now I know, that there are people that perhaps, are listening to this message, and think, “What can I do to change this?”. And it has been said that the word from the peoples has more strength than anything, and this is true. So if you feel moved, I would suggest that you actually put pressure on your leaders – the ones that are not aware of (or refuse or not listen to) the warnings on the planet and its climate.

Let them take heed and listen and do something about it. Because there is much you can do about it. There has already been many messages and insights given from the star worlds to your scientists!

Sometimes – the messages are lost – because of *money*. Now this is another thing that the peoples upon your Earth need to think seriously about.

And, **exactly what is money?**

It is something that has been created – this is true. So you could say – as I have said (when I was) in a physical body – that money is God! And people hesitate and think, ‘What does he mean?’ And what I do mean is that it is a source that helps to facilitate transactions – and this is what it is meant for – but these transactions should work for both, not just one, not just the receiver; but also, the payer.

**All transactions concerning money upon this Planet Earth should be for the good of each transactee – both sides of the transaction and not just for one. Or one side.**

I hope I am making myself clear here. There are many, many places where things need to be changed. We – from the star worlds – cannot change it. It is man upon this Earth that has created it (money) through the will of God – that is true – but it is man that has to change it to the better of All. Because it (money) has been misused.

There is a lot of money on this Earth that is not used for the good of all, and there are many that are suffering and need assistance. This is another place that you could – shall we say – put your mind to supporting those that speak out and say, “We want to help those that are needy”. This is important.

**There is no reason for *anyone* to suffer on this Earth.**

There is enough food, and enough places for people to live in harmony upon this Earth. And in some way, these changes that are happening right now are because of the need of sharing and listening to each other’s needs and assisting. And of course, there is a need for Prayer.

Because there are those also, that are not coming from a place of what we would call harmony and peace. And so these people need to be given assistance by Prayer. Prayer is an energy. It is like money – in a way – and it is available to all. And all you have to do is ASK ... .. for assistance from God, the Creator of All, and this will assist with change.

So take heart, my people, my children, and think about these things and what you can do to help with these changes at this time. For, history is a cycle, and the cycle that is here now is to release all misuse of all the things I have just spoken about; and to leave it behind, accept change; change things so that there is no disharmony any longer.

And move forward – with peace – and harmony – and balance upon this Earth and its environment.

Thank you my children, thank you. I love you all dearly. This is not a message of criticism – far from it. It is a message of asking you to think seriously about these things.

Thank you.

**I, God, Bless You. ”**

# 1 August 2015

**All:** Chanting of OM three times.

**Valerie:** *Today is August 1st, it is Saturday and we are in Singapore at Swami Home. With great love and respect in our hearts we are calling upon Cosmic Sai Baba to make his presence here amongst us.*

**“I am here! And I am very pleased to be here amongst you. I have come before, and I come again. So thank you, thank you, for inviting me.**

Valerie has been travelling (and is) a little over tired ... so we will make allowances for that. And I say this – meaning – I will not make my presence for too long; but rather, to just give you a message just as I have been giving through her, every month, for some time.

There is a trouble here upon this Earth that needs to be rectified. It is a time that energy of people that hold the energy in their hearts of Mohammed. Mohammed is a loving prophet who has given a beautiful religion – one that is shared by many and equally there is also a religion known as Christianity that has been given through One who has been known for nearly two thousand years.

The messages that came in the first place were both of love and sharing and caring for ... and loving each other. While teachings have been given so that people have a way to live, a way to (er, how can I say) to hold values in their lives and to teach children how to behave.

For the people that come with a soul, have not all come from the same place. I would like you to remember that.

There are many, many cultures and customs and races in other worlds. There are worlds, upon worlds, upon worlds – that operate in different frequencies, different vibrations and certainly different forms.

And in some ways those FORMS are being introduced to children in the form of comics, television and in a way to help them to accept a form that is alive with a consciousness that is not the same as an Earth person.

However, it has filled with ideas and thoughts put into people’s minds to help them to create this evolution within the Man’s world – earth-man’s world – to help them to begin to understand other worlds. And to know that there is something to it.

The new generation coming with your children will readily accept new forms and new ways of doing things ... in fact many have come to help ring changes for there is much – you will agree – upon this Earth that needs changing.

There is much that needs to be let go. There is much that needs to be held onto in the loving, the caring and the respect for each other, for all. This is what I want you to remember with the two religions that I mention. And I bring this speech – at this time – there is friction between the two religions. Not with everyone of course – it (friction) is not the association – the creed – of each religion.

It is not the institution that is persecuting – for their strength – as I have said – is one of love, of caring, and always respecting one another. However man has gone on to change the teachings and to include other ways of behaviour. This is NOT in their teachings of their religion. And so there needs to be respect for their teachings and encouragement in every way possible for the two to come together and agree not to disagree but to respect their differences.

And I do hope that what I am saying is not going to be taken out of context at all.

Because it is not meant to be upsetting or judgemental – far from it – it is meant really to encourage all to realise that they come in a soul from many different places – many different ways of thinking and experiencing – that are new to them here upon this Earth.

This Earth is a level playing field – one of family – and that does not always exist in other worlds. So it is an opportunity for some souls to come to experience love and family and that bond that is taking place is very important – very important – for them ... .. to experience that bond that is never broken in a family. It is always, always bonding in a way that holds people together ... with an unseen line of family and filial links that holds that love of God in them.

### **Everyone is God.**

This is what being spiritual is about, really. Everyone has come from the Creative Source of All. And I would like everybody upon this Earth to remember that.

That there is no difference, because some teachings in religion differ from others,

The main point is LOVE.

Sai Baba – in an earth form – constantly said GOD IS LOVE. And that is all there is.

And if you think about LOVE it is Universal. And I am talking about LOVE in its over-ruling and over-encompassing way. It is not something to be mis-used. Or to force a fight over. It comes from the Source of Creation – the same as all of you on Earth are. And I would like you to remember that. It is that simple. You all come from the Source of God of Love.

So please think about it as this – of Light of Love and Caring and Sharing and Serving and live a life that you can be happy about and proud of. There is no judgement once you leave this earth body and move back to the World of Light. It is a place where you actually review your own life and from the energy that you operate in once you come to the World of Light – it does not exist with thoughts of raising a weapon to sort out a problem.

So please know, know that you are working against yourself by even considering using weapons to sort out problems.

Prayer and using meditation is the best way of connecting to God of who you are and the God that exists everywhere. It can be stronger in some more than others. It can be over-powering if someone is doing or is responsible for something in the name of God.

But it is never meant to hurt anyone ... .. or anything.

So please remember that. I implore you to do everything you can to learn of the differences in understanding – rather than judgement – between the two religions that are having problems in understanding each other. Everything comes from the same place.

**THERE IS ONE GOD WHICH IS LOVE.**

Thank you my children, thank you.

God bless you. God Bless you.

**I, God, Bless You. ”**

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## **1 September 2015**

*Valerie: We are calling upon Cosmic Sai Baba to make his appearance with us. And today is the 1st of September. And we welcome his presence amongst us.*

**“I am here! And I am very pleased to be here.**

Valerie has another tongue: by saying “*You welcome my appearance here*” **well ... this day will come when I will appear.**

I have promised it.

I have promised it to many, now, and it will happen.

It will be quite controversial, because there are many people who do not understand about the fact that they have a light body, which is an imprint, a carbon copy, of the body they walk in.

And so that is how I will appear.

Without the Earth Body.

I have a light body and I will appear as I was and looked before I left, not very long ago.

## **I AM ANNOUNCING THIS.**

*So please take note.*

I will not be announcing EXACTLY when I will appear, but it will not be long, I can assure you.

And it will give me great joy to come back into this world to show the many things that I have tried to explain, to teach you what happens in other worlds, in other ways, and in other peoples and their lives that exist in different realms.

It is real.

And so, because I have made an announcement – that is important – I would like you to focus upon that – because, if you are happy about the thought of my making a re-appearance in a light body – as I looked when I was Sri Sathya Sai Baba ...

Then, PLEASE PRAY FOR THAT.

Because the energy goes out. And it helps to clarify the atmosphere and everything around you and so the presence can come very easily ... and my presence will come.

So, in looking forward to this, I hope you will stay with this thought; and pray for it. And by a prayer, I mean ... a feeling of joy and hope – and intentions – that this is what you would like ... because there is no point in me coming if you would not like this.

So I need to feel that I will be welcomed when I appear, as I have said.

So with this thought – My Children – I leave you.

I am very happy to have made this announcement.

Please ponder upon it; pray for it, and I will come.

Thank you my beloved children, thank you. Thank you.

**I, God, Bless You. ”**

## 6 October 2015

*Valerie: It is the 6th of October 2015; the day is Tuesday, and we are at Moss Vale, New South Wales, Australia. Now, we are asking – or calling upon – Cosmic Sai Baba to make his presence here – amongst us – and we welcome his presence.*

**“I am here! Thank you for calling upon Me – it is always a great pleasure to come, and to speak.**

I have been very busy in My Light Body. You have been told about this, and you can read about it. It gives me great pleasure indeed to be able to achieve so many things that I have always hoped to do. And Yes, there is more to come, I can assure you.

I would also like to say, I will present myself in a Light Body ... in Public! I am saying this because I would like people to know and wonder about this. And wonder “*Who can this be?*”, when I have been dead and buried in the earth body.

But I am a Light Body, and I want to show everybody on Earth that that is what they are. All the humans and all living species upon this Earth are spirit. They come from the World of Light – and they leave in the World of Light. And this Earth life that you are living is not the reality, I can assure you.

If it was, you would not have such a short span upon it.

For, from the time you have been born and the time that you leave in say – 70 to 80 years old or more – it is not very long when you think about the Light Body that exists for much longer.

It has been written that Beings lived on this Earth for 200 or 300 years and this was in a Light Body. And so I am going to return and show myself so that people will know and understand of the physicality being around for a lot longer than it is seen.

It will give me joy to do this.

My Ancestor Prema Baba will be coming soon. I am preparing the way for him to be here and to achieve a lot. For, as I have said I have had the life of Shirdi Sai Baba and I have had the life in an earth body as Sri Sathya Sai Baba and there is one now planned for Prema Sai Baba.

All this is to show humanity the existence of consciousness, of a Light Being, of it being on-going, of it being infinity and no limit.

All these things that I have done as Sri Sathya Sai Baba have been a bit of fun really – to show that there is no limit – and that will continue. For, I am in a Light Body at this time and I am moving very quickly to achieve what I have always wanted to do.

As I have said – and I am very happy about this – and I hope that you will pray ... for me to come ... to manifest myself so that all can see because I need to become a little heavier in energy so that eyes that cannot see – will be able to see. And ears, that cannot hear will be able to hear. This will be my gift to humanity.

So My children, ‘Hold onto your hats’ for I am coming, I am here, I have never left, I am all those things. I bless you all, I bless you all with the love of the Creator of the Source of All.

Thank you, thank you, thank you.

**I, God, Bless You. ”**

**3 November 2015**

**Valerie:** *It is Tuesday, the 3rd of November 2015; and we are calling upon Cosmic Sai Baba to make his presence amongst us.*

**“I am here! And I am very pleased to be here. I have been here for quite some time.**

And I have seen what has taken place today. And I think other gods have learnt from what has taken place. This is to do with energy. Everything is energy. And if you can see that – it also follows then – to a form. But, that is something to think about. Because every energy in a form has a different frequency.

There is separation, in other words. But, it does mean that they cannot interact. So if we are thinking about people, people can interact – they may be very different – different energy; different forms, but they can still understand, respect each other and learn to respect their differences.

And this is Universal Love.

This is important message, because today ... is a time on this Earth of yours ... when there is great worry and concerns about a lot of movement of people around the Earth. And the Earth itself is trying to help these people.

The Earth herself has a form – an energy – it is a being and it has a consciousness. And this is exactly as it is with people, or any living thing upon this Earth. It has light. Now, the light can be measured in many different ways – but again – it has a frequency and it has a consciousness. And we can learn to live with one another.

I am thinking of plants, for instance. Or anything that is created from the Earth. Mother Earth has learned to live with everything, and she responds to everything. She is part of your creation here upon this planet. And if you think about it – the way SHE handles things ... it is ALWAYS FOR THE GOOD OF ALL.

And this – of course – is interrupted sometimes by man’s activities upon her. **Such as digging unnecessarily into the Earth herself.** If she wants to change the energy fields, she creates volcanic disruptions; or tsunamis, or events that will move things around. And that is always done with the consciousness of all living things.

So if you think about this, there might be quite a lot of lives lost – but these agreed to this at another level – at a Soul level. This might be a little hard to understand. But then, all beings – all living humans upon this Earth – live a very short time indeed – when you think about it; and I have spoken about this before.

I have asked you also, to realise the life you have upon this planet is really only a very tiny little bit of what you are and who you are. Your Soul has been at other times – your soul has a story – **an infinite story.** It has been to many places, many worlds, many different races – races that look very different from what you do here as a human. But you have been there.

And so those influences come with you through your soul and are influencing what takes place upon this Earth. I’d like you to think about that – *because nothing on this Earth has not come from somewhere else.* Even the way the culture operates in different races. It has come from somewhere else.

So you are constantly being influenced by other worlds – and other beings. Even although they may look different ... I would like to remind you that the consciousness is the same. The language may be different, but when you learn to communicate by images – which is a little like telepathy – then they will always understand you. So if you communicate with images, these people will understand you very well – what someone is communicating about. Think about this.

In other words – what I am saying is there is no separation really; everything is ONE. And when it comes to the Source of All Creation – this is where everything began; this is where it will all end.

Then, at another time, humans become something else. So think about that.

Please learn to love one another. To accept the differences – even though you may not understand them. If you can try to understand each other and speak more about the differences ... and change the way you phrase the sentences so that what is not understood in the first place – it may be understood in another way – and you will find that really there is not much difference with anyone upon this Earth.

None of the humans at all ... NO difference at all. They all come from the same Source; and they all return to the same Source which is the World of Light. Please think about this.

Thank you.

Thank you, thank you, my Beloved Children for allowing me to come here this day and to remind you of who you really are – which are Light Beings from the World of Light.

**I, God, Bless You. ”**

### Addendum

Cosmic Sai Baba mentioned in the very first transmission (May 2008) that he is the Leader of all the Light Beings which form the Cosmic Hierarchy. From time to time, he invites light beings – and gods – to be present at these transmissions, for sometimes they are a school for all present. (See [The Mystery School](#) for further examples of this.)

Before the transmission commenced, we played the Temple bell to clear energies in the room prior to commencing our meeting. When energies have cleared it raises to a HIGH energy field that allows the Highest Order of other worlds to come through, and the Temple Bell will ring out loudly, clearly and strongly.

Well, on this day the bell would not sound as I circled it with the wooden stick; when I do this, the bell usually rings quietly and then becomes louder and louder.

The first time it would not sound at all. So I asked everyone to join me in intoning the Holy AUM. (Cosmic Sai Baba has shared with us that whenever we chant AUM, divinity comes and is present with us.) The bell would not make any sound! Then we continued a number of times and still the Temple Bell would not sound – a revelation to us – there was a very heavy energy present.

To make a long story short, one of the ladies had been attempting to make contact with upstairs and was inviting spirit to come in to her and speak through her. Assistance was given to her ... enabling her to release the heavy energy that had overtaken her. It was also an ADDITIONAL opportunity for that heavy energy to be released and sent to the Divine Light of God.

(Cosmic Sai Baba has taught us that energy remains forever. Right intention can return heavy energy into the Divine Light. It should never be expelled and left to float around on the astral plane. Goodness knows what other poor being it might settle upon!!!)

This lady was then advised how to clear her energy field first, before then calling upon the spirit from the HIGHEST ORDER in the name of God to come to her. Her practice was to be at another time. However, she agreed it had been most helpful in assisting her to do work with the HIGHEST ORDER in the name of GOD.

We know we had been ‘set-up’ to show other worlds how to assist heavier energies.

The Temple Bell then played easily – gradually sounding louder and louder – so LOUD that it nearly took the roof off!!! It was only then, that the group was ready to receive the transmission from Cosmic Sai Baba.”

~ Valerie.

## 1 December 2015

*Valerie: It is Tuesday, the 1st of December 2015; and we are calling upon Cosmic Sai Baba to make his presence amongst us; we welcome him – and receive his message.*

**“I am here. And I am very pleased to be here. As usual, I know I am welcomed and for that reason I enjoy coming and sharing.**

Because – of course – the message does go out to many, many people – do not think it is just the few of you. There are many and I am speaking from a place in which I know. And so, I thank you for being here My Children.

I hear you talk this morning about the outer area of your Earth – your atmosphere and you think about it in the daytime – it is blue. A beautiful blue sky at times, mingled with white clouds – or even dark clouds but you can see it because of the Light. And then at night it opens up because you can see the whole of the Galaxy or the night sky full of stars. Full of stars that are like your Sun and so there are many, many solar systems out there, I can assure you.

And there has been a time, when people (and still are) looking for the existence of life in other worlds. And I can assure you there is. For I am speaking now from another place – not necessarily on your Earth – although I have a “foot holding” here in my Light Body and working with those who I do – called the Sukshma Group. They help me to hold the energy here on this Earth. I do not have to be in an earth body. They have willingly given me the

preparation, shall we say, or using their energy fields that is in an earth body and so they help me to hold my Light Body here on your Earth. I hope that makes sense.

I am spelling it out a little, like a child in a way, but there are people out there who do not believe a Light body exists – let alone do things and work – and indeed that is what I am doing. I am achieving a lot more now that I could in an earth body – for I am not limited by the things that happen in a day to day area. And so, I think if you think about it – what is happening with the Sukshma Group is quite astounding and I am very pleased that I have the people around me that assist me and help me and also the people that are coming back to accept me in a Light Body; for they know that it is real.

**And I am REAL.** I can assure you.

I have been here, but I have been in other places – it is a bit hard for an earth brain to think that it is possible to be here, there and everywhere. A little like your ‘twinkle toes’ or whatever she is called. But I jest. The fact is, that the energy that I hold can be everywhere, and it is.

You can all tune into me and become, if you like, “Sai Baba”! Or you could be the energy of Universal Love from the Creative Source. Whatever you choose, either way it links you straight away to what is really true.

Now, Truth is a word that is fragmented at times. Some people believe they are hearing, seeing or feeling truth. And others do the same and yet the truth seems to conflict. Now this is what is happening upon your planet. There is confrontation because people believe they are hearing truth. And others think they are hearing truth also. But it is in conflict. It is creating wars.

And I can assure you, if you are hearing the Truth from the Source of All Creation – and think of that word – it is **CREATION** – not destroying – and if you think of war -it is destroying – is it not? So this is in conflict with the Truth from the Source of All Creation.

Others ways can be used and achieved to find Peace upon Earth. And other ways are being used by your leaders, and by people – individual people – who have that love of God in their hearts. If you listen, and feel and pray every day for forgiveness for anything that may have been done to cause conflict – because they may have done it at a time when they thought they were doing the best – but not so when you look back.

However, you can make it right. All you have to do is to carry an olive branch and ask for forgiveness; forgiveness for all those around you – forgiveness for the self – and forgiveness from the Source of All Creation. And that will clear any energy that is in conflict – I hope you are understanding what I am talking about when it comes to conflict.

Because you are being asked – and you are actually raising in consciousness – to a place where there is no conflict.

Which means, of course, you have reached the blessing of World Peace.

So if you think about that and how easy it is to ask for forgiveness, you will understand and know why you can receive that energy and blessing very quickly – if you truly come from the Source of Creation that is in your heart – and that is one of Love and Love Alone.

I hope I am giving my message with clarity today – for it is important for you to hear, to see, to feel and experience.

God Bless you My Children, God Bless you.

**I, God, Bless You. ”**



