

Cosmic Sai Baba Transcripts for 2012

At the inspiration of the Cosmic Sai Baba, we make all the transmissions for 2012 available for download, your reading and printing. The Cosmic Sai Baba has asked that readers be mindful that the transmissions are given through a channel (the medium Valerie Barrow), and placed on the Internet for your spiritual progress. Thus, we offer the full year 2012 transmissions as an E-book for spiritual benefits; to print and to share around.

With Love from Cosmic Sai Baba



The Cosmic Sai Baba - Transcript of 3 January 2012 given at Moss Vale, Australia

"I am here; and I am very pleased to be here. I am Cosmic Sai Baba, and I do have a message for you today. It is about world peace.

It is on peoples' minds everywhere upon this Earth. They do not like to see people warring and raising guns and swords at one another; but rather, they would like people to sit down and work out their differences and come to agreement.

This has to be done with respect with each other. This is what is ... happening in other worlds with Enlightened Beings - and this, we hope, will happen upon this Earth.

There has been a lot work done with unseen beings working through people ... that are committed to work ... with the messages ... upon this Earth But mostly, **all peoples upon this Earth want peace.** They do not want unnecessary killing—in fact they do not want killing at all. It is a waste. Such a waste.

In the afterlife - of when people (their spirit) leaves the body—of course it goes on to live in other ways—in other races that exist not just upon this Earth but in the Cosmos. And I have spoken about this before. At on this mode though, we are thinking about **all** spirits ... that live in an earth-body upon this Earth ... at this time. And because of the changes that are coming upon this Earth, they will evolve.

Everyone's spirit upon this Earth wants peace.

And if everybody allows their brain ... to communicate with their soul/spirit consciousness ... they will readily be able to adjust to the new frequency that is coming upon this Earth ... it is considered to be a "raised consciousness"; and that is exactly what it is. It is an extended state of being.

There was a great light-being that was upon this Earth known to you as Jesus - and this is what he was wanting to show people; and what the Ascension was about. And nearly 2000 years ago it is not very long ... in ah, ... shall we say ... the time of the soul, the soul has infinity within it no beginning and no end and that is a little hard for the earth-mind to get around.

But you do know that the spirit that lives in an Earth body does not stay here for very long. ... It can leave—it does leave—it can incarnate back into another earth-body, with more wisdom, and understanding ... and experience.

And so there are many, many, light-beings shall we say, that are inspirited in an Earth body at this time. ... helping to lift all the peoples upon this Earth into an Ascended state of being.

There is a commitment—a loving commitment—to help one another.

And that the play that is taking place upon this Earth now. There is no reason to fear. But with change, *things* have to be released, and that is what is happening to your Mother Earth. And it is happening to people also. As well as other living beings such as animals, and birds and insects.

There is no wrong in this. It's just a *release*, if you can see it like that. An unwanted energy that is within you, that needs to be freed so that you will be clear ... and able to absorb in the vast quality of divine light and love from the Creative Source of All.

I do not wish to sound like I am preaching; I am merely trying to explain to you what is happening upon this Earth at this time. And so I will leave you to ponder upon this. I thank you, I thank you my children.

But before I go, I have a *little job* to do, if you like, and that is to ... bless ... all these people who have written to Me, asking for assistance and help. And so I take, within my hands, these letters ... that have been sent ... and I ask ... for all to be ... comforted, ... to be lifted in consciousness ... so they may find Peace ... and God within their hearts ... where they will know ... that all is well and all that is happening at this time is merely *Change*.

I God Bless you, these who have written. And I God, Bless those that are in this room. I thank you my children, I thank you.

I, God, Bless You."

The Divine Mother

Valerie:

When I record, (the technology is still a bit of a mystery to me) - so when I was trying to 'record' the sound of Cosmic Sai Baba giving his Transmission - the words "Divine Mother" were written on the Ipad screen and I have no idea where that came from! So I made a mental note to check to see if there was another to speak after Cosmic Sai Baba had finished his message. And yes, I heard on the inner level the words "Divine Mother wishes to deliver a message". I then said out loud, "I see the Divine Mother as like The Goddess."

Here is the Message from the Divine Mother:

And it is the Goddess, as you are thinking. Thank you! Thank you my dear, thank you, for allowing me to speak.

I come - *through* your voice box. I come through everybody's voice box ... if they will listen ... For it is possible to have the Mother God speak through them in kind loving words.

Everybody has that ability. Everybody can speak - with the Goddess.

It is time for the Goddess to speak more. I will not say *louder*, but, speak up, enough, so that people hear and will listen.

**It is time for the female to be honoured upon this Earth;
It is time for the female to be respected; ... having said that,
It is time for the female to always speak and act as The Mother Goddess so that she will be heard.**

It will bring and come with the power from the Creative Source of all.

This is the Divine Mother;

This is your loving Mother.

She is within everyone, be they male or female—she is there—

waiting, waiting, with open arms—to embrace—to embrace the Inner Child that is in everybody.

For it is of the female that all ... the Earth race is born.

Think about that

and think about the Divine Mother

and how she comes with love

and embrace

and no judgement ...

The Cosmic Sai Baba - Transcript of 7 February 2012 given at Moss Vale, Australia

"I am here, my dear; and I am very pleased to be here. And I know that I am welcomed. It gives me great pleasure to be able to speak and send out a message. For I know that it goes out on the Internet, and many, many more people are receiving the message. And this, I am very happy about.

There are times that are difficult, in particular, this year; because there is movement in all—as I have said this before—of all the planets within the solar system and the galaxy. It never stands still. And sometimes it cannot be readily seen by scientists because the solar system is within another solar system and within that, it is all are moving the same—and it doesn't really register that there is a connection.

But I can assure you that there is a core of suns that are actually coming into alignment which goes back to the Source of Creation of all.

I would like to remind people that they are from the Source. And that the point of light that is within them (which is the God aspect if you like) is the Creator. And I have spoken about this before. But it is actually working through you more often than you realise; because you create your own life. whether you realise it or not.

And I have also said about the necessity to think about what you *think* (let alone say) because that can influence in actually what you attract yourself to ... in creating your own life. These are things I have spoken about before. But they need to be taken seriously.

And so it is very important at this time that you consider what you *think* ... and realise that the energies of that is actually, already, starting the mode of creation within your life. You have a magnetic field that is around this Earth and this is what happens even with a thought. It goes out and will magnetise something that matches it back into your being. So I hope you will be understanding what I am trying to say. Everything is energy. You, as an Earth-Being—and a Spirit-Being—are energy. Your thoughts are energy. Although you may not readily be able to see a thought, it is real. Because without a thought, nothing would happen.

Do you see what I am getting at? You create your own field of light and it matches with others that create, shall we say, a bigger field of light; and from that, many things are created. If you can allow your imagination to walk with that thought, you will begin to realise how just how effective a thought is.

If we can talk about, shall we say, an architect. A thought is needed before something can be built. And so the architect listens to what needs to be built by somebody that is putting a thought into everybody's mind. Then, a drawing is made, which is the first start—or beginning—of what is built. Then the workers, shall we say, come together and build the building (or whatever it is). I am using this as an analogy to show you that it is the *thought* that is first and is the most important thing that you need to consider.

You have promptings from your Higher Self ... which is your Soul Consciousness. The prompting has come from that point within you ... quite often (and in fact more than you realise) and all the time it is trying to assist you to stay on the chosen path that you have drawn up as a Blue-print. And I have spoken about this also, before - in that a Blue-print comes with your soul, and then influences the embryo and the spirit ... that is within you that becomes a little baby and then a being continues to grow ... and takes *action*. For it is the action that helps to put in the life that you live upon this Earth.

So I hope I am giving you some thoughts to think about ... because it is important to also think about your actions. Usually they are prompted by a thought; but not always. Sometimes they are what we call "**reactionary** actions". Something that you do without even thinking. And this is something else that you need to consider about yourself.

So if you find that you are reacting ... to something ... without even thinking, I would like you to

consider that and actually take a little while what to think about what it is you are acting or reacting to. For this is a part of you that is from possibly the shadow (I am not saying always) ... but it could be from the shadow that is within you that is holding you back from the Light of God that is within you. So please consider this.

There is an action within your body that is automatic; and that is your breathing, your heart - beat. And the actual fact of just body operating. Fortunately, that is an action that takes place without any thinking—it is automatic. What I am asking you to do is to look at the **reactionary** movement that you make or take, and consider ... why ... and if ... it is necessary ... and then how to - shall we say - rethink it or to re-do it. For I hope I am putting some thoughts in your heads today because this is what I would like you to think about!

Fear is a thought that sometime jumps into peoples' minds ... and you can think about that also. Because, fear can often come from a sub-conscious level that is in your brain, and it does hold a link with your soul consciousness that links past life experiences. So these are also worthwhile thinking about. There are - shall we say - practitioners that can help you with this. Or, you can just meditate and ask your angelic self to help you, to enlighten you, to give you insights ... and a thought as to the reason that you are experiencing these things.

I think this is enough for the day, and it has has given me great joy to come here.

But before I leave, I would like to take the healing basket ... and I will take ... all the letters that have been so beautifully sent to me ... and I have said before - I know as soon as people sit ... to write or think ... of me we are connected - because there is no time or distance.

But here with all these lovely letters ... and those that are troubled also ... I hold in my hand and I bless each and every one ... that has sent ... or reached out to me ... and I assure you ... none have been overlooked. I have a legion of angels that work with me ... and they will go out and touch ... every soul ... that has written to me. So I do ... bless these people; I bless everybody in this room ... and I bless everybody that reads this message that will go out on the Internet.

And I thank you, I thank you, I thank you, my children.

I, God, Bless You."

NB

From Valerie is to say the energy coming into her body was so powerful it took quite a while for her to stop shaking

The Cosmic Sai Baba - Transcript of 6 March 2012 given at Moss Vale, Australia

"I am here My Dear, and I am very pleased to be able to speak – to be able to speak today to these lovely people that are here. I see you as Light...you are all Light Beings...as of course you are Human Beings as well.

It gives me pleasure to talk about a Human Being – much talk has been going on this morning about the human and I would like to enlarge on that.

A Human Being came together, as shall we say ... A Creation. Some would see it as created by Spirit or God ... others will say it actually evolved from an upstanding apelike creature ... and both ... both is right.

For you, as I have said before, are spirit first and foremost. For without the spirit and the soul that is within your physical body ... the physical body would not be able to live for very long. The energy from the spirit is what triggers the "life force" within the earth-body.

But the earth-body has been around for a long time and archaeologists and scientists are discovering evidence of skeletons that have existed down through millions of years ... of different forms that seem to have adapted or changed to eventually become the human being.

And we know now, from the story that has been given to you, that the star people came and it was at that time that the upstanding ape-like creature had developed into the human.

It was not a er, quick process, but one that still evolved ... for the human went on to lose a lot of the body hair ... certainly they inherited the larger skull from the star people ... and they also inherited from the star people the ability of psychic awareness ... and I say this word "psychic awareness" because it is from the psyche ... which is from the consciousness that exists within you and it is that part of you ... that exists whether you are in a physical body or not.

So "psychic development" can lead into developing abilities that do not relate to the physical body ... but seem to come from other abilities that are within you ... and certainly they ARE within you and it is possible to develop them. For those abilities are within your Soul Consciousness ... so if you work upon your Soul Consciousness that has come into the earth-body ... you are able to, er, begin to develop, or you have developed already - clairvoyance, or clairaudience or higher sense in all of your senses ... which are, shall we say, the five senses.

The ability to see, to hear, to touch, to smell and to feel ... all those senses have a higher sense to them which are connected to your spirit ... and it is from that place that you can develop what is known as "Psychic Ability".

It is also a place that you can develop and, er, be able to sense, and see and hear ... particularly to sense and see, from an unlimited point of view ... that you are not limited from time or distance. That you can actually travel with that sense into any part of the World or Universe that you might like to focus upon.

All these abilities are available to you ... You are a God Person ... My Life as Sai Baba upon this earth, illustrated that ... I said, "*My life was my message*", and what I was showing you was that you had unlimited abilities that were untapped - but you could use to its fullest ability and be able to manifest things or make things disappear ... you could create a place that you could live in one place, and then move to another ... at the blink of eye.

You could be seen by some, and not seen by some. All these things are available to you if you wish it.

But you need to develop this with care. You can also, develop "distant viewing" which means that you can sit and look and focus upon a place - and you in your consciousness are there. And you can become aware of what is taking place.

All these abilities should be used for the 'Good of All', not for the good of the few.

For you are all here, to hold the Divine Energy of Love and Light and Compassion. So you are here to help one another. And I know by your gathering here that this is what you want to do.

It is a "Force" within you ... It is a commitment that you have made before you came into your earth-body.

When you talk about these things ... and think about these things they are not as difficult as your might think. Again, if you put it out in your mind that you would like to develop a certain psychic ability ... then 'the way' or 'the how to' or 'who can' help you - will come - that is the way of The Law that exists upon this Earth that seems a magical force ... but it is actually an electro-magnetic force that brings to you ... like a magnet ... just what you need at that moment. So be carefull what you think and what you ask for.

That is why it is also very important that you think about **Focus**. Because that *electro-magnetic energy field is tightening*, shall we say, you need to be aware of what you actually focus upon and what you ask for ... because it will come ... almost immediately to you. So I am not saying this to

frighten you ... but rather to help you to stay focused.

In other words, just live in the moment, think about what you are doing right at that moment ... do not allow your brain to jump around, like a monkey from tree to tree ... but rather stay focused on what you are doing. If you do this there will be less accidents and less mistakes, because it is not that you do things on purpose ... it is just that you have let go the focus and, er, the power that is within you is lessened. And so because of that, you can easily fall over, or do something incorrectly. So I hope you are not seeing this as a judgment ... far from it ... I am just ... shall we say ... assisting you in, um, helping you to realise what is happening to you at this time. And what is happening on this Earth at this time ...so I would like you to ponder about this.

If you feel that you are confused at any time ... just stop ... take three deep breaths and go back to what you are doing.

This is a message of Love ... and we are from the World of Light ... always here to help and assist. All you need to do is call upon us.

So I thank you My Children ...thank you for listening ... but before I go I would like to bless the letters that so many have written to me ... and I will take them from the basket ... and I will hold them ... that they all have different cares and woes ... and Love. And I thank them for writing and I take these letters and bless them ... everyone that has written ... and I would like them to know that they have not been ignored ... but rather I am answering and sending Love and Blessings to everyone.

Everyone with Love.

So God Bless you, God Bless you My Children ...

The Cosmic Sai Baba - Transcript of 3 April 2012 given at Moss Vale, Australia

The energy in the room ... is uplifted. You can feel it. For there are many ... that are visiting from other worlds ... that are here with you.

I would like you to actually take a moment to see if you can feel the presence of others around you. And then later, after I have left, I would like you to talk with one another and say of what you have experienced. And so if you can just give a few minutes - we just sit quietly and allow the presence to be felt.

(A period of silence follows.)

(Make a note in your mind to speak about this later.)

And now I would like to actually speak to many; ... many who I know, contact me through the website. The Cosmic Sai Baba website. And to those who have written to me - I want them to know ... that I am with them. As soon as they call upon me, ***I am there.***

And this little exercise that I have shown to you ... you can actually tune in ... when you call upon Me; and you will feel my presence. It may come in different ways. It is important not to imagine ... *that you are imagining it!* It is hard to accept that it is very real. It may take some practice—but I would like you to work upon this.

Because it is time for everybody upon this Earth to realise the existence of the Beings of Light. The Masters, if you like. They are still here. And they come ... to you individually ... when you call upon us.

The existence of other worlds is very real. And for those that are not exactly psychically gifted

(although you all have the ability) you will begin to feel. As I said, if you feel it is imagination, just flow with that for a while.

And the imagination will become a reality ... for you will *feel* ... you will react in some way emotionally; you will **know**. And these are the things that really connect to beings from others worlds and to your own spirit.

Because your own spirit is with you. As I have said before, if you did not have a spirit, your physical body would not live for very long. ... So be aware of your own spirit.

You can talk about ... a conversation with your spirit, if you like. For, your Higher Self (as some put it) is your spirit. It is a separate consciousness, but it exists.

There is a consciousness in your brain which is a little more like a computer. It downloads all the things that you need ... to know, that you have trained, and, shall we say placed into your memory so you can make choices and know where you are and where you are going.

But the Superconsciousness within you is your God self. And that is linked with your Higher Self. So I would like you to think about that. And I would like you also to focus upon that. The Superconsciousness is the creative energy that has allowed you to be here.

You could call it God, for God it is. It is Love. And so that energy surrounds you; and if you would nourish it, it will envelop you to the place where you will always feel contentment and happiness. Even though things may be going on around you that are very upsetting ... you can send this energy that you **know** is within you to help others. Because when you do this, they can feel this presence. And it will help them also to overcome their problems.

And then that knowledge, as I have said, it is within you, it is within everybody on Earth.

It is not just a teaching, it is a reality. And it is Love. And it is from that Love people feel compassion. And with compassion ... and respect for one another ... then peace will come upon this Earth. And this is what is the message today.

To find peace within yourselves, so that that energy can flow out, and eventually encompass the whole world in Peace.

So my beloved children please meditate ... upon this. Sit quietly and be aware ... of what touches you. Because what touches you is not readily seen with the physical eye.

I would like to thank all the people that have written to me. And as I take the basket - the healing basket - (sounds of letters being picked up) - I thank them for writing with such Love - and also - I want to reassure them that I am always with them, and I hear every message that they send. And I send my love and protection to them. Everything is resolved. All you need to know ... and feel ... is the existence of God within. That is all ... and you will be happier.

For I take my leave now with great love ... all these letters - to all those who have written, to all those that read - the Cosmic Sai Baba Website - and all those that reach out to me from anywhere upon this Earth ...

I send Love.

And I send Peace.

So God Bless you My Children, God bless you. I thank you.

***The Cosmic Sai Baba - Transcript of 1 May 2012
given at Moss Vale, Australia***

I am here ... It is I Cosmic Sai Baba and I am very pleased to be here ... to speak with

you and to let you know that connecting to your 'higher self' or your 'soul consciousness' is very important. For it is from that place you also experience your God Self - that knows everything about you ... everything.

So it is possible for you to find out all that you need about yourself - by connecting to that point. It is not difficult. If you think it is difficult - it will be. But I can assure you it is *not* difficult.

The God Self ... is a force within you that gives you life. It is the force that is with your Soul that gives your Soul life. Those are operating in your physical body - when you leave your physical body, your Soul still lives on. And the Force of God is still with you.

The Consciousness of God or the Force of God, of the Creator, is within every cell of your body. It has grown that way from when you were a tiny little embryo ... growing into a foetus and then a baby and being born from that into a human child—an adult—you are still a God. You are still God's children.

Surely it is not difficult to see and know and understand that.

Because it is the Life Force that is with you ... and it is the Life Force that is God ... The Creator of All.

You have had many lives - these influence you, whether you realise it or not. They are in the Self ... the unknown Self of your physical body. And they still influence you—as I have said. So that issues that have not been dealt with at other times can be dealt with in this life. Or, you can inherit you can inherit qualities that you have had ... and abilities that you have had from other lives.

And they can be instilled in your own physical body that you are in now.

I do not want to go on too much today ... about anything really ... rather to assure you that **YOU** are always guided and you are always safe. You are God. You have the ability to heal; ... you have the ability to see and re-create ... and manifest. These abilities are within you ... you need to think about that. And you need to think about what you think, which is perhaps, actually holding you back from what you are capable of.

So with that I will take my leave, and I thank you my children. I thank you for allowing me to visit ... I will take these letters that many have written ... to me ... and I will bless them ... and I know they know that I am with them always. As I am with all the people in this room ... and anyone else who wants to call upon me by name ... Cosmic Sai Baba ... for I know you all and I am much more than you realise.

We will talk about that at another time.

God Bless you My Children, God bless you.

The Cosmic Sai Baba - Transcript of 5 June 2012 given at Moss Vale, Australia

We call upon Cosmic Sai Baba to make his presence amongst us. And we welcome His presence.

"I am here, and I am very pleased to be here ... I have been here for some time ... and I know how the conversation has been going.

But for today I would like to speak ... about the influence of, shall we say the Hierarchy from the World of Light ... that is actually influencing many people on this Earth, through inspiration. Inspired thoughts come to people and you know this. It comes particularly to people such as scientists ... who actually can use these inspired thoughts to progress in the work that they are doing—that they are studying and researching.

There are many others that work in different ways ... that the Hierarchy inspire. So that they can

enlarge their thoughts and their overview of what work they are doing—no matter what and see, shall we say, a larger picture.

There are many, also, on the Earth that are losing hope. For changes are taking place very quickly upon this Earth ... and it is upsetting many people. It allows their thoughts to gallop because they are trying to keep up with the changes and the frequency that is coming upon this Earth in this New Dimension this New World. For changes are happening. Many people complain they do not seem to have enough time and time is changing in the sense that it is matching the frequency of the New Energy.

This New Energy is coming directly from the Creative Source of All. And with it comes knowledge and understanding. And the influence, because—as I have said—the Hierarchy are influencing people to raise their consciousness so that they can receive ... the Higher knowledge from the Higher Frequency.

So you must not feel that you are running out of time but rather the time that you match with the Dimension—that you are in now—is changing. You can feel it—you feel ... that everything is racing—even young people speak of this as if they have not got enough time to do everything they want to.

This be countered by *Focus* - so if you *Focus* on what is really important in your lives - and let go all that is not important - and by that I mean you have to make choices, or you need to make choices - to know what is really important in your life - you could focus on that and you will find that everything that you do—because on this Earth you are in action—everything that you do ... will move easier ... and more selectively with the time that is balancing here on this Earth World.

It is very important for you to think about this. Because it means that you need to clear out old drawers of information or knowledge—not just in your mind—but in the actual cupboards that you have that you are storing things that are no longer needed. It will help you if you were to ... remove them. Off-load them ... and leave space in your life ... because everything is energy ... and energy gives forth the movement of this new frequency.

I would like you to think about this. I hope that you are understanding what I am trying to say. It is very factual ... it has meaning ... it has *scientific* meaning ... but may not be quite clear to all the scientists just yet.

So I will not stay for very long this day. But I thank you for listening to me and allowing me to speak. But before I go I wish to take all these letters that have been sent to me, with so much love and so much care and so many people that are still feeling frustrated and concerned about their lives ... it will help them if they try to sort themselves out ... so that they are really focused upon what they want to do and where they want to go.

This will help the changes. God can help those, it is said, who help themselves. In other words all the people that think of God and ask for help—will receive it—but they need to take *Action*. *Action is the Dance of Life*. It has been portrayed in many ways upon this Earth from inspiration, from the Hierarchy, from the World of Light and I would like you to think about the responsibility of your *Actions*.

So with much love and compassion I send to all the people who have written to me and I send out that same love and compassion to all those who will read this Transmission.

Thank you. Thank you.

I, God, Bless You."

***The Cosmic Sai Baba - Transcript of 3 July 2012
given at Moss Vale, Australia***

"I am here. And I am very pleased to be here - to be among you and know, I know you ... I know you very well ... each and every one in this room. So it gives me pleasure to

be able to come this day and speak with you.

Time is speeding up it is confusing people and as I said in my last message it is important that you stay focused ... have a plan for each day. As you awaken and think what you have to do and stay with that plan. You may have to adjust it sometimes, but ask Holy Spirit that is around you to assist you in re-adjusting and giving you extra time ... or extra space ... to achieve what you want to do. If you keep your mind steady as if you were in meditation all day and every day and not allow your mind to wander onto something which is not what you are actually doing ... you will find that you are able to achieve all that you want to achieve ... in the day that you have planned.

It will also be easier for you to receive promptings and information from the Higher Self or from other Worldly Beings that are around you. Some are here to put thoughts into your head - it is up to you to decide whether you accept it or not. If it feels right, then I ask you to look closely with what has been suggested There again, if it does not feel right then do not allow yourself to be overtaken with the suggestion.

There are many upon this Earth who do not realise that suggestions come into their consciousness, which is not really their own thoughts, but rather ... from another. And I have to say also, that sometimes these thoughts are sent in a mischievous way ... so it is important that you *feel* and consider what is being said in your mind ... and decide whether it is right for you to continue.

There is nothing to be afraid of—in fact—it is a little test ... and by that I mean it will assist you to make choices that are right for you. And to know that it is a directive in a way that will assist you in your life here upon this Earth. I am talking in a very overview way ... because there are many, many words that could come to you.

First and foremost there is a need to feel ... to feel that feeling in your heart, or somewhere in some way that you know ... that the thought is a good one ... one that will help you and assist you on your journey, or whatever it is that you are doing at that moment. I would encourage you to listen ... I would encourage you to follow that if it feels correct.

This is important at this time ... for there are many words going out in *thought forms* around this Earth. That are just floating ... not coming from anyone in particular ... but can easily be picked up in your consciousness and you may think you are thinking your own thought ... but I would like you to question it if it does not feel right.

There will be something within you when you hear these words ... or a word that doesn't feel right ... that makes you stop and think. ... Thinking is part of your consciousness and so there is a need to overview what you are thinking and consider and then make a choice to put something into action.

I am merely encouraging everyone to be careful ... not that there is anything to be fearful of ... but rather the massive ... the massive, I can't even put it in words, because it is massive words. And I laugh because even I was holding back a little in trying to find a word to describe it. Just be aware that there are many thought forms out there in your world - your atmosphere ... that can soak into your consciousness. ... Be aware ... that is all ... it is not to be afraid of ... but rather just be aware ... and make your choices in what feels right. I hope I am making myself understood ...

There is a need to find a quiet place from time to time and try to put all thoughts out of your mind ... to just stay in the moment and feel the love from the Source of Creation of all which is God. The God Source is in you ... it over overflows you ... be aware ... it comes with love and that feeling of love and compassion ... You will feel that inner happiness surround you ... and you will know then ... what choices to make, if there is a choice to be made at that time ... I am suggesting that you connect to this Creation of All ... this point ... a Divine Energy ... that is within **you** ... to ask advice from time to time ...

You will be guided.

And now I would like to bless these letters ... that have been sent to me ... and I would like the people to know ... that I hear their cry ... I hear their happiness ... I feel their love ... for I know that they come ... from a point of God and Creation of All.

I take these letters and I bless them ... I bless them with love from the Source of All Creation ... and I ask them to spend a few moments when they hear this message ... to listen, to listen to their hearts and feel God Within.

Thank you my children, thank you You are never alone. Never alone ...

I, God, Bless You."

The Cosmic Sai Baba - Transcript of 7 August 2012 given at Moss Vale, Australia

With great love in our hearts we call upon Cosmic Sai Baba to make his presence amongst us.

"He is saying that He won't speak today but there is another he would like to come through"

He is talking about 'Holy' and 'Royal' - He is talking about Archangel Mikael

-- He is saying that every now and then we need to release the energy from Archangel Mikael into the Earth's atmosphere.

... .. And this is what we would like to do today.

*(Please view the Youtube **on this page** to hear how powerfully Archangel Mikael presents himself. You will see that he makes me stand and move my arms around.)*

So we are calling on Archangel Mikael to make his presence.

He comes through quite loudly - so I must warn everyone

He has me stand up and holds my hands out to all the people in the room:

".... .. "I am Mikael the Archangel Mikael I come this day to make an announcement:

There has been much talk ... about extra-terrestrials making a presence upon this Earth ... and this will happen it may not be for quite some time but it will happen.

There is no need to fear ... they are beings of Light ... and other races that exist in the Cosmos. They come with love and they come to assist ... they come to assist the little Earthlings because they struggle ... they struggle to understand who they really are and where they come from.

The Life upon this earth is just a small chapter of who they really are (Deep Sigh) You are all Souls of Light ... in an Earth Body. The body returns to the Earth when the time comes ... but the Soul continues on its Life's journey.

I would like you to know that the times are difficult at this time ... but you are all God Beings ... and because you are God Beings ... You are Creators And so you create your own future ... there is the future that is Created by the Masses so that needs to be considered.

So it is important that the Masses create an Earth of Peace, Kindness to one another and Love. For Love is the Energy that comes from the Source of the Creator of All.

(Deep Sigh) I will leave now.

Telepathically Cosmic Sai Baba has said to say He has blessed all the letters sent to him. And ended by saying:

"I God Bless You All."

The Cosmic Sai Baba - Transcript of 4 September 2011 given in Transit

We call upon Cosmic Sai Baba to make his presence.

I am here my dear. And I am very pleased to be here. I know you have been concerned about when we can ... ah ... give our usual transmission ... and ... it is now taking place.

I have not got a lot to say this month; but rather, I would like people to go within ... and seek the voice within ... which is the consciousness that helps them to understand who they are. And why they are here on Earth. I have spoken about these things before - but it is very important that they do this now.

For the way has been made clear for *everybody* to raise in consciousness.

There is nothing to fear. **Nothing to fear at all.**

All people on this Earth are blessed. It is up to them to decide if they want to take a choice on the way of God and Love. Or whether they want to - shall we say - have a little adventure of their own - and perhaps - find that they are in trouble more often than they need be.

It is everybody's individual choice ... on this Earth ... as to the path that they choose to take.

So my message is simple this month It is one ... of seeking the honour - and grace - of the Creator of All. Which is sometimes called God - but it can be called The Force, if you like. It is Holy. It is a **Love**.

And if everybody can accept this ... and connect to this ... **daily** ... so that it feeds the Soul and the Spirit of who you really are ... you will find life is much easier as you progress ... in the Earth-body that you are in on this Earth, at this time.

I'd also like - or wish - if you would give consideration to Mother Earth herself, which is the planet that you travel upon in your Solar System. Be grateful for your opportunity to be upon her -- and grateful -- for the fact that she nourishes you ... in every way ... in more ways that you can imagine.

The Sun and the Solar System, gives light. And it is light that gives *life* upon this Earth ... and within you. It is your strength. It is the Christ energy. So be aware of this within you and around you.

May God bless you all my children. May God bless you. And I send my love and special blessing to those who have written to me. I love you all.

Again I say, I God, bless you.

The Cosmic Sai Baba - Transcript of 11 September 2012 -- 9/11 given in transit, on the North Atlantic Ocean

We call upon Cosmic Sai Baba on this day of 9/11 ... or September 11 - this day is a cycle in the year 2012.

"I am here ... and it is I, Cosmic Sai Baba ... and indeed I do - would like to speak on the subject of 9/11—which was a shocking state of affairs all around the world—but it had its purpose.

It may not be fully realised that it was a cycle - a cycle of something that happened long before. It was a time when the humans were first created ... and now ... it is the cycle for the humans to become the God Beings that they really are.

This dreadful event that took place in the City of New York was a wake-up call. And it affected many, many people around the world - it brought *understanding* to many people around the world.

It alerted them to the fact that they were not perhaps as well-liked as they thought. This is each individual's journey - so I do not want to speak in general terms - but rather to encourage *everyone* to recall that day and feel and remember how they felt and know that it was no accident in that sense. It was meant to happen because it was a re-creation of another time.

All men, women and children upon this Earth have souls. And in that soul a story is carried forward of the creation of humans on this Earth. *The beginnings of humans upon this Earth*. The story is held in their hearts.

Everyone has the story in them.

It is important knowledge for them - for, before they became humans (which is actually *hue* - which means divine light + man which is *man with divine light*). Before that they were merely man. They were upstanding ape-like creatures - and that is another story in itself.

All this was created—or assisted—by the Hierarchy that exists in the Cosmos - so it was no coincidence that the upstanding ape-like creature was evolved by the Star People to become a human being. One that was Christed with the Divine Light of God. There has been evolution from there on - so that people could come from other worlds from within the Cosmos and become a human to experience many different emotions many different ways of thinking and this, of course, is evolving in the human. **But it is time now for them to become God's people.**

People that have been created and *are* God.

God is a word that is sometimes misused. So I would like it to be referred to as the **Energy of Divine Love**, for there is no judgment from where it comes from and this energy is in *everybody*. If everybody could relate to this within themselves they would not want to raise a sword or a gun and cause war. It would not exist.

So people are still evolving and I am hoping that many will choose the way - the path of God that is who they are - and in doing so spread love, Divine Energy, care for people, respect people, love one another as you would love yourself. This is what a true human being is ... all the other emotions that pull away from that are from the 'beast' that is within you. The animal that you have evolved from.

This you will need to think about - but it is very real. It is an energy within you that affects you still. So there are ever need for choices to be made.

If you think deeply upon this and call upon the God Self to help you—help you to see and to gain inner strength and inner-sight ... you will begin to understand who you really are.

So I would like to send out blessings to all the beings that lost their lives in the dreadful occurrence that took place in New York on 9/11. For they gave up their lives ... not fully realising—and I am explaining it to you now—they gave up their lives to bring a 'shock' to the World—which we hope—will awaken many people upon this Earth.

I thank you, I thank you my children.

I God love you, and bless you."

***The Cosmic Sai Baba Transcript of 2 October 2012
given at Moss Vale, Australia***

We call upon Cosmic Sai Baba to make his presence amongst us. And we welcome His presence.

“It is I, Cosmic Sai Baba and I am very pleased to be here this day. I have listened with interest to the talk that has been taking place amongst you, today. And your concern about the future and changes that are happening upon this Earth.

I have spoken about this before and I need to remind you all ... and not you just in this room ... but those who read what is put upon the In-ter-net. For it goes out to many people.

I would like to remind you that you are all God Beings ... you are creatures of creation You will see a slight similarity between the word creature and creation. They are linked ... it has been a blessing given by the Creator of All ... to all human beings ... that they have a consciousness that comes directly from The Source. The Source of All Creation. And when they connect to that and understand that ... they can create whatever they want. Whatever they need and wherever they wish to be.

It is a *Gift* that has been withheld a little for sometime until mankind has developed the ability to make decisions for the 'good of all' and not just for the 'few.'

The time has come for them to take responsibility for the decisions they make—and what they create—and so I would encourage all peoples to take this '*gift*' from the Source ... to take it very seriously ... for the energy that has been holding them back to some degree ... is now shifting and moving ... away to allow the connection of the human consciousness to directly connect to The Source to the true God Being that they are.

And with that ability to *create* ... there is responsibility that goes with it.

So I would like you all to *entertain* the thoughts that you have in your mind; to **re-mind** yourself to be careful as to what you think ... and what you *entertain* yourself with in your thoughts ... for you are *Creators*.

As I have said, the energy is clearing now and connecting directly to The Source. **This is what is meant by Ascension.**

This was the message that was given nearly two thousand years ago by Jesus. And many other Prophets that have been upon this Earth. It is time now for all humans ... to become conscious of the responsibility that they have in the choices that they make ... that will go out and influence not just their own lives but those around them ... for you are not alone upon this Earth. ... You are all brothers and sisters. ... You all come from the same Source. And therefore, if you wish to call the Source **God** ... you need to realise that *God* is the Source and it is the same Source that all Prophets relate to ... and receive messages from.

Please *entertain* these thoughts that you have ... and by that word *entertaining* I mean ... see your thoughts on a screen and look at them ... and hear them ... and see what you are thinking ... so that you can change what you do not want to unthinkingly create.

I love you all ... my children ... I am speaking from The Source of All Creation. ... Although my voice is only human ... it is one from The Source ... along with many others.

Think about that ... and what I have said this day. I love you all.

I, God, Bless you.

And I would like to add a thank you for all the letters that have been written to me with God-felt ... heart-felt ... sincerity ... I have received all your messages and I send my blessings.

Thank you thank you thank you."

***The Cosmic Sai Baba - Transcript of 6 November 2011
given at Moss Vale, Australia***

We call upon Cosmic Sai Baba to make his presence amongst us. And we welcome His presence.

“It is I, Cosmic Sai Baba and I am very pleased to be here. Very pleased indeed. My message today is for those that are worried about what is in the future -- is not to worry at all -- but rather not even think about it ... but to focus and to stay in the moment of what you are doing. Even Valerie today, herself, is having some trouble in concentration.

This is what I want you to do - *Concentrate* - stay on what you are doing ... and you will find that your life flows very easily. You will not forget things. Things will happen ... but if you stay concentrating on what you are doing - things will flow, as I have already said.

I have not come to lecture - I really have come to reaffirm that your Earth solar system is moving into - shall we say - a different place in the Cosmos. But that has been happening since time immemorial. For nothing stands still. However, there are different worlds - different worlds that operate in a vibrational frequency and er, this is what is happening to your Earth and your solar system. This is moving you into a different frequency.

A vibrational frequency that is in alignment to the galaxy and the Cosmos and with the Creation, the Creative Source of All.

I think if you focussed on that, you would be able to see ... that it is not too difficult to understand - this is something that has been going to happen for a long time. So it is not an accident - and nor is it a judgement upon you ... by - shall we say - the Hierarchy or the Powers that Be. Far from it. It is merely moving into a different world - and there will be changes.

There are already changes happening gradually in this world that are a little more difficult as the time comes to the 'turning point', which is at the end of this year. However, that does not mean that everything comes to an end - far from that - it means merely a change. That is all.

If you could imagine in your mind the figure eight - and moving in one circle and gradually moving to another - if you look at the cross that takes place from the one circle to the other in the figure eight - this is what I mean by a turning point - it is nothing to be afraid of at all.

In fact things - as the rise continues - will become easier. People will be easier to get along with. Peace will eventually reign upon this Earth. It will be a little slow - but it will happen. The energy of the Earth will change a little more quickly and She will be happy. For things will flow and grow much easier upon her body.

The sooner man learns to grow and flow with Mother Earth - for she is your mother - you will realise how easy life is, and how enjoyable it can be - and how happy your lives will be. One Source of happiness will make another - and another - and another - there will not be so much difficulty for you in life on Earth.

I am trying to give you a few images - because imagination is the nation of images and it is images that is actually what creates. So it is important that you see the energy coming from a place that is created and not, shall we say, work against yourself by seeing another image that will damage what you have already created. - Rather see the images inter-acting with one another and growing - and that can happen in every walk, in every aspect of your life.

There is a need for decisions to be made upon this Earth that are 'good for all.' And this happening around the Earth. Your news, your media does not report them as often as they could ...

For people would be happier if they knew just how much GOOD decisions are being made.

Other news is sensational and other news of course, is problems. But they are all for a reason and a purpose - the whole idea of mankind, humans, mankind upon this Earth is to help one another and particularly at this time of change.

So I would suggest that you see everything as an opportunity to assist with the change - knowing that there is a reason and a purpose in everything that happens upon this Earth.

I think it is time for me to go now - I do not wish to go on too much - I would encourage you to meditate. That is - connecting to the God Source within you ... and sit quietly ... watch your breath go in and out ... of your nose and your mouth and take note of how you feel. Allow your

mind to be free of thoughts and continually focus back on the breath ... coming in through the nose and going out through the mouth. One is breathing in ... to nourish and the other is breathing out ... to release the unwanted.

And that is actually happening in everything on this Earth at this time in particular.

Music is a good way also, to help settle the energy that is within you.

Now I know there have been many who have written to me and I wish to thank them for writing. I wish to take their letters and bless them and I want them to know that I am always with them. Even when you sit down to write ... I am with them straight away - there is never a separation - so, I, God, Bless these letters and the people who have sent them and their wishes ... for I give them what they want until they understand, know and want what I have come to give and that is **Universal Love**.

I thank you my children, I thank you.

I, God, Bless you."

The Cosmic Sai Baba - Transcript of 4 December 2012 given at Moss Vale, Australia

We're calling upon Cosmic Sai Baba to make his presence—and we welcome His visit to here.

"I am Cosmic Sai Baba and I am very pleased to be here. Thank you for inviting me.

This is a time when people are expecting great changes at the end of the month ... in the time of the Solstice. It is the Winter Solstice in the Northern Hemisphere and the Summer Solstice in the Southern Hemisphere.

I can assure **all** of you that are listening — for this is recorded and it goes on to the Internet ... I can assure you there will be not much noticed of what will happen on the 21st December, or in the Solstice. There is a lot happening in the Cosmos but it will not be felt in too much of a way that will be anything fearful on this Earth Planet.

The Sun will rise - the day will be normal - and the Sun will set. There have been periods around the Earth with quite dangerous ... wind and water ... episodes.

We, in the Galaxy and from where I come from are trying to help to keep the Earth and her changes at the lowest level possible ... and there will not be much harm done upon the Earth.

This is all part of the change that is happening as the Earth moves into an alignment of the Sun. The Core of Suns that goes through the centre of your Galaxy and then out onto the Creative Source of All.

The Changes have been happening for quite sometime now ... and will continue to some degree after this coming Solstice ... but they will lessen as time goes on.

Many people will still be a little confused about what has happened and what is happening ... and there has been talk about Mystery Schools. There are many already set up around this world ... but there will be more ... there are more that are needed to help people to graduate through the change ... the change within themselves ... and this is what will be confusing them. They will wonder about what you would call 'psychic experiences' ... more and more will receive these experiences and not truly understand what is happening. And so there are many people upon this Earth who do understand and will be able to help them and given them clarification.

You are all here to help one another ... there is nothing to fear. If you honour the Source of All Creation, which many people call God ... you will be honoured and protected—although I do not like to use that word too often—because it suggests that there is something to be protected from.

In actual fact you are God, you are that God Being, you have that energy in you. You have been

created by God and you have been part of that and you are God. I hope you can think about this reality.

You could think of God as a consciousness that brings changes as 'growth' takes place. Growth is happening with everyone upon this Earth—including Mother Earth herself—and all the beings that live upon her.

Consciousness is not necessarily something you would imagine as being spoken ... but rather it is a pattern ... it is a pattern of on-going regenerative energy that takes place upon this Earth. And that energy is affecting everyone upon this Earth.

But with the Alignment of Suns there is an Ascension taking place which is ascending into a different vibrant frequency. This is where people will need assistance to understand what is happening ... What is happening to them. So I would call upon All to be understanding and helpful if possible to explain to them what it is happening, so that they have no fear and move with that change ... for they will grow. There is a new 'growth' ... growing upon this Earth ... it is leading into the Golden Age.

It is not a black and white thing that will happen overnight ... but it is happening as from that Solstice. So I would like you to think about it.

Now, I know that there have been many who have been writing unto me and I send my blessings to them and send my love—*my universal love*—to all of them. And I want them to know that I am with them always. All you have to do is call upon me and I am there.

So I thank you my Beloveds, I thank you for allowing me to come to speak this day ... I welcome the opportunity.

I, God, Bless you."