

## *The Cosmic Sai Baba speaks about the 4th Dimension*

*The following is a summary of references made by Cosmic Sai Baba to the Solstice on 21 December 2012, along with explanations about the 4th Dimension by Cosmic Sai Baba in His earlier transmissions. It is offered with love, for your reading.*

### *Understanding the Fourth Dimension*

*The 3rd Dimension will mesh with the 4th Dimension.*

The Earth is experiencing a transition to the 4th Dimension. The Earth, which fell out of the Fourth Dimension at the fall of Atlantis, is now returning to the 4th Dimension. A sun in a solar system is the centre-point around which all other bodies rotate; our own solar system rotates around a central sun of this galaxy (known as Sagittarius A - possibly a dark star) which in turn is rotating around the central sun of all galaxies and universes - this Central Sun is larger than our own solar system. It is from THIS central sun that light is streaming forth - and a higher frequency is being passed to all galaxies and solar systems. Many worlds are partaking in this transition to a higher frequency.

This higher frequency is raising the energies, the vibrations in every atom, every cell of every thing in this our galaxy, solar system, and our Mother Earth. Every living thing will rise to a higher frequency, be it mineral life, plant life, insect, animal or human. The third dimension is a heavy frequency, which is being raised to a higher frequency. The transition can be likened to changing gears in a car; the motor revolutions are increased, the clutch is engaged, the gears mesh and the motor car proceeds at a higher speed. So too, the third dimension is being raised, the "revolutions" (or frequency) in every atom, every cell, will rise to a higher frequency of the 4th Dimension.

The 3rd Dimension will once again join with the 4th Dimension.

### *Role of the Star People*

There are star beings -- call them Star People if you like -- who exist in the 4th Dimension. To them, the 3rd and 4th Dimensions are one and the same. They are not separate. It is revealed that the dimensions became separate after the fall of Atlantis, and that much different frequencies and energies were prevailing at that time on our Earth. With the fall of Atlantis, floods and darkness came over the Earth (the Earth nearly died), people were living in caves until the Sun was visible again. All this brought immense destruction, loss of records and change, separation of the dimensions on the physical plane. To the Star People, there was never any separation.

The Star People exist on many worlds. There is life on other stars, and other planets. Cosmic Sai Baba, when he was in his physical form in India, once spoke of beings that live in our very own Sun! In our solar system, a point of light was established on Venus, where the Blue People came from. At that time Venus was known as **Vu**, and Earth was known as **Mu**. The Blue People have bluish-white skin, and have physical bodies ~ but not physical bodies in our three dimensional world. Their physical bodies exist in the 4th Dimension.

The Blue People are here in other dimensions on Earth. The Blue People came to this corner of the galaxy to spread Divine Light, Divine Energy and Divine Teachings. They are here in their (4th dimensional) bodies, and some have taken birth in human form also. There are many, many Star People here on Earth at the moment who have come to assist with this transition of Earth and its

life forms to the 4th Dimension.

A person cannot see the 4th Dimension with their two eyes; it is seen with the inner eye (sometimes called the Third Eye). Clairvoyants - people who can see with the inner eye occasionally get glimpses of the 4th Dimension. Others obtain intimations of the 4th Dimension through feelings, insights, and just knowing (which is sometimes called *clairgnosis*). The 4th Dimension is a much higher frequency than the dense, slow, heavy frequency of the 3rd Dimension. Time is faster in the 4th Dimension.

The 4th Dimension is immediately adjacent to the 3rd Dimension. As we have mentioned, for the Star People, there is no separation of the 3rd and 4th dimensions. The Blue People—along with many other Star People—are here to assist with this transition. Many human beings have also taken birth at this time to participate and assist with this change. It is part of their soul blueprint, the journey in a human body. Really, all human beings are spirit-people; they are spirits born into human bodies, having an earthly experience. And these humans, along with the Star People, have a commitment to assist with this period of change. This time of change brings responsibility for thoughts and the thought-forms around the Earth.

## *Thoughts, Thought-forms and Conscious Growth*

Human beings have been given a marvellous gift; they are in control of their own consciousness and are free to determine the level of consciousness they will rise to in the human body. They have been given control of their own growth and consciousness. Humans choose the level they will rise to - or sink to. Humans have freedom of choice, and are free to manage their own minds. Thoughts are critical, for thought creates reality. Our thoughts shape our lives, our experiences and the world we live in. This world we live in is the manifestation of all our thought energies.

In the universe, everything is ENERGY. Thoughts are energy, and energy has form. Thoughts are put into the atmosphere and when sufficient thoughts agglomerate and take further energy, it is reflected back in this physical world. The Earth is surrounded by a magnetic energy field. Everything has the quality of magnetism, from the tiny electron-proton-neutron in the atoms, to the cellular form, to the physical form. This magnetic energy is influenced by thoughts, feelings, actions. What humans put out as thought is reflected back and manifests in this material world of ours via this magnetic energy field which surrounds the Earth. Thought, which accumulates like energies, manifests in our lives. Thus, thoughts are very important to the life we make for ourselves.

As human beings have been given control of their consciousness and their growth, thoughts are important. Thoughts should be controlled, humans can choose to be positive, and give out positive energy, thoughts of love and light to all around them. They may do this in concert with the Creative Source of All. *As you give, so shall ye receive*, and the more positive energy goes out, the more positive people become and the world becomes a lighter place filled with love. This is the result of positive magnetic energy being placed in the magnetic energy field around the Earth. Negative energies are also placed in this magnetic field.

Negative energy, when placed in the magnetic energy field, has the capacity to hurt people and place them in darkness, depression, misery, like this. All negative energy can be transformed to positive energy by focussing, calling on the Creative Source of All, and sending light. One may ask for help from the Angelic Beings, the Angels. Angelic Beings have no abode; they are everywhere, *everywhen*. They are not limited by time, space, place. When help is asked for, help always comes. They will come and assist in the transformation of negative energy when called. Transformation of negative energies leads to transformation of the Earth. This transformation has far-reaching outcomes in time and space.

Transformation of the Earth, use of positive energy along with light and love, not only transforms the Earth and all its peoples, all its life-forms, it also heals other worlds in the Cosmos. For every action, there is a reaction, here and in the Cosmos. We have been told that digging holes in the Earth has a hurtful, damaging effect on Mother Earth, **and also causes harm on other**

**worlds in the Cosmos.** As we have all come with a commitment—along with the Star People and the Blue People—we may all work together to assist this in this period of change to the 4th Dimension, and when we do this healing and change — life on other worlds, and in other universes, is also assisted, healed and changed. This transformation is not limited by Time.

## *The Hierarchy and Time*

The Hierarchy (which serves the Creative Source of All) has given an Edict. This planet will be raised to the 4th Dimension, rendering a rising of consciousness, a giving a higher knowledge and a higher frequency. Everything is energy, so the 4th Dimension is a gift of new frequency to all life. The Hierarchy has also decided there will be no global catastrophe; no "clearing out", no worldwide disaster. The Hierarchy oversights the changes, and has been at work, silently, imperceptible, behind the scenes, giving considerable abatement of volcanic eruption, undersea tectonic plate movement, and earthquakes. This is the will of the Hierarchy. No gloom and doom; no disaster, no bomb shelters nor survival kits are needed. Whilst there have been trials, calm is coming.

The extremes of weather and climate have been a time of trial for all who live on this Earth Planet. The Solar sun is also changing with energy passing through and will continue for some time. This higher frequency of light actually what is being passed on through the Solar sun to our Earth. This period of rising frequency has taken some time to come about; it will also take some time for things to calm down.

This will all settle. The raging torrents will calm to a still pond in a backwater. The eddies will change to a springtime trickle. So have hope in your hearts and take Time.

**The 4th Dimension is causing changes with the frequency of Time.** Time is changing to match the new frequencies. Time is a man-made thing. It will match with the 4th Dimension. Young people feel they are running out of time, other people feel this change with time and it causes their minds to gallop. Time in fact is relative. It depends on thinking.

The solution is to *FOCUS*. Focus your use of time. Focus will need a clearing out of cupboards, in the mind, the cupboards filled with old knowledge should be emptied out, just as we empty drawers of clutter and clean out wardrobes full of old clothes. Clearing out the old makes way for the new, the freshness.

This clearing out will bring about fresh change within. This will be most effective if coupled with meditation. Concentration brings success to every activity. So focus, change, meditation and concentration are the clarion call of the day. This will bring about change of thinking, change of habits. This makes space for awareness of the soul consciousness within.

Meditation is listening for the soul-voice within. It is the God-source within the human. Meditation opens the doors to soul consciousness and allows inspiration from the soul to come forth. Following this inspiration (and not the head) will enable us to follow our *soul blueprint*. So focussed use of time, clearing out of the cupboards of the mind and heart, and allowing fresh inspiration to emerge connects with the movement the new frequency the new 4th Dimension brings. With this change, we can help others, for we are spirit-people with a soul commitment to ring the changes upon the Earth and bring forth, *embody* Ascension.

## *What Ascension Means*

Light is flowing from the Creative Source of All through to the suns of the subtle universe, to the central sun of the material universe, through the central sun of this galaxy, to the sun of our own solar system. This light cannot all come at once, for if it did, it would disturb many beings and life forms. It has to come in small amounts through Stargates, to the outer meridians (or light grids) in our outer atmosphere - and this is done so there is not too much of the brighter light coming onto Earth at once.

The light frequencies descend slowly to allow adjustment and change to the frequencies and

vibrations in all the atoms and cells, in every form of life on Earth. As this light energy descends slowly, with gradual adjustment, it brings about change to thinking.

With this change to thinking, comes responsibility for thoughts and actions, and responsibility for what you create with your thoughts. There is a need to *entertain* thoughts, that is, see your thoughts on a screen and hear them, and look at them and to feel them and to see what it is you are thinking; this, then, is important so you can change what you do not want to unthinkingly create. We must be responsible for what we create with our thoughts.

It is time for all on this planet to become conscious of the responsibility for their choices. Choices are based on thoughts and these go out and not only influence your own lives, but also the lives of others around us. We are all Creators; we all come from the same Source, we are all brothers and sisters. As the energy raises in frequency and vibration, so also does the power of creation by thought, for this raised energy now connects directly to the Source. **This is what is meant by Ascension.**

If everyone were to open their mind, their thoughts and listen carefully to everyone, you would eventually discover that thoughts begin to unite. And there would be a willingness to co-operate with one another. And there would be a connection to the Creative Source of All in all these encounters all around the world. People would find answers to any problem that arises on this Earth.

This feeling of connection, oneness, flows from this slow, steady adjustment and dispersal of energy via the Stargates and the outer meridians of our outer atmosphere - raising the frequencies within - and leads to planetary Ascension.

Ascension is not like getting in a lift in a building and going up and down. There is nowhere to go up to; it is all coming here. Ascension is not getting in an elevator and rising to a world of light and discarding our physical bodies. There are no two Earths; there is only one Earth with many civilisations in the different dimensions. There is life within the Earth herself, there is life on the physical plane, and there are life-forms in the 4th Dimension, which will merge with the 3rd Dimension. Our Mother Earth is home to many life-forms in many dimensions.

## *The Earth, Our Mother*

We should also be mindful of Mother Earth, who is also giving birth to the new energy. We should appreciate the Earth our Mother and be grateful to her, for where would we be without our Mother Earth? She gives us the elements without, and the elements within our own bodies. The Earth Mother gives us our water and the very blood within our circulatory system; she nourishes and sustains us with food, with crops which we convert to clothes, our plastics come from her resins, our steel comes from her ores. We have night and day, hot and cold, and the four seasons which grace all the cycles of life. **Where would we be without our Mother Earth?**

So we should express gratitude and respect to the Earth our Mother and give thanks for all the nurturance that she gives to all the life she sustains. She also is giving birth to this new energy and experiencing the changes brought forth by this light streaming from the Creative Source of All. Focussing with love, light and gratitude on the Earth will help lift everything into the New World, the new Golden Age, which is of a 5th Dimensional frequency.

From that 5th dimensional frequency people will just "know", without any conflict within them ... they will know how to respect one another; ... .. how to give to each other and share with one another ... how to connect with each other and respect each other's differences and find answers to any conflict that may arise.

The word "war" does not exist in the 5th dimensional understanding.

People will be wise; ... .. that energy will be inter-related to each other ... .. interspersed with each other. For God the Creator is of Universal Love. Fear does not exist.

**The 5th Dimension is the Dimension of Universal Love.**